

Mandarin NewsLine

JANUARY 2020 Volume 14 Issue 3

A Florida NewsLine Publication



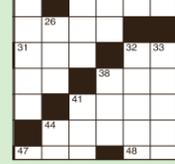
page 3
BFF Best Furry Friend



page 10
Native Sons and Daughters



page 13
Get To Know...
Grace Meyers



page 16
Puzzles

Mandarin Museum reflects on 2019 Winter Celebration

By Sandy Arpen
mail@floridanewsline.com

The highlight of the 20th annual Winter Celebration on Dec. 7 was the program "Mandarin Remembers Pearl Harbor" that honored six veterans from Mandarin who had served during World War II. They ranged in age from 93 to 99. Sadly, 11 days before the event, and one day before his 100th birthday, long-time Mandarin resident and Mandarin's "Honey Man," George Waldoch, passed



Photo courtesy Mandarin Museum

WWII veterans: empty chair for George Waldoch, Jim Snellen, Paul Dymond, Dan Stanley, Charlotte Leslein and Wilma Arpen.

away. His family attended and there was an empty chair next to the other honorees because he had planned to be there.

The attack on American bases in Pearl Harbor on Dec. 7, 1941 was the beginning of our country's official entry into the war. It was declared by President Franklin D. Roosevelt to be a "day that will live in infamy" and 78 years later, Mandarin Museum & Historical Society reminded visitors why this date should always be known and understood by all Americans. The organization wanted to honor all WWII veterans, but especially the six that live here in Mandarin now and were able to attend. Their experiences ranged from building airfields on

Mandarin Museum cont. on pg. 11

Italian American Club upholds culture and traditions

By Martie Thompson
editor@floridanewsline.com

The Italian-American Club of today was officially founded in 1951, but its roots as a social club celebrating arts, family, tradition, music and food — everything Italian — actually go back to the early 1920s. The original club, founded by a small group of immigrants, disbanded pretty quickly, but the American Italian Club of Jacksonville was founded in 1935 and consisted mostly of first generation Americans. During World War II, the club was again disbanded, but once the war was over, the present day club made its debut via formal charter. The club takes pride in being Jacksonville's oldest ethnic organization.

In the early days, meetings were held at members' homes, restaurants and meeting halls. The Italian-American Club's first structure was a pavilion on the Southside that was eventually enclosed.

"My childhood revolved around club activities: picnics on the beach; socials in restaurants; parties at members' homes," said club member Lucy Cortese. "I recall potluck dinners at our first property, an open pavilion on Southside Boulevard, then a dirt road. Members brought their kids along and we enjoyed outdoor games while the dads played bocce and the ladies shared favorite recipes sprinkled with stories of the old country."

Members continued to dream of a true clubhouse. But according to Cortese, when her mother discovered an opportunity to purchase property on Westberry Road, club members were

unsure. "Who would want to drive all the way to Mandarin?" they asked. "There's nothing but orange groves out there." Eventually they were convinced and charter members pledged money to buy the land at 2838 Westberry Road and build the club's current facility in 1978.

The opening of the new building, with much pomp and ceremony, marked the realization of a dream, especially for the club's original members.



Yummy desserts at a recent Festa Italiana.

Today, the club is bustling with activity, including social events such as dinners, dances, and day trips. The club's famous Festa Italiana, a celebration

of all things Italian and open to the community, is held each spring and fall. Tables are set up inside the club and decorated in the Italian colors of red, white and green. Along with music and an array of homemade baked goods, the atmosphere is decidedly festive. Spaghetti dinners "to go," featuring homemade meatballs like mama used to make, are held most months as fundraisers for the club, which is all volunteer-run.

Carlo and Ann Clemente have been club members for 15 years. They have served the club in many different capacities and are presently both on the board of directors; Carlo serves as board chairman.

"We came to this area from out of state," Carlo Clemente said. "At the



Photo courtesy Elizabeth Dore

Mario Cortese, Italian American Club vice president and volunteer chef, preparing for the Festa Italiana.



Photos courtesy Ann Clemente

Talented bakers will help you select your treats at the Festa Italiana.

Italian American Club cont. on pg. 13

Presorted Standard
ECRWSS
US Postage Paid
Jacksonville, FL
Permit No. 1858

*****ECRWSSDDM*****

Residential Customer

Florida NewsLine
102 State Road 13, Suite 1,
St. Johns, Florida 32259



Wishing you
a very happy
New Year!

A heartfelt Thank You to my customers in 2019!

Randy Martin, P.A. Realtor®
(904) 502.8712
www.MoveWithRandy.com

Are you selling or buying a home?
Let me put my 18 years of experience to work for you.



Don't let sinus symptoms steal the season



Who has time for sinus pain during the holidays? Not you. If these symptoms ring familiar, you could have sinusitis:

- Pain around your eyes or forehead
- Headaches that worsen when you bend over
- Pressure that increases in cold or damp weather
- Fatigue or an inability to concentrate
- Loss of taste and smell

Get on the fast track to sinus relief. Same or next-day appointments are available.

904.202.ENTS (3687)



© Baptist Health 2019

LOOK WHAT KATHY SOLD! Are You Thinking of Selling?



Property Address	BR/BA	Sq.Ft.	Sold Price
*13936 Mandarin Oaks Lane	4/2.5	3324	\$925,000
*12959 Longview Circle	5/4	3508	\$995,000
12361 Brady Road	5/4.5	4473	\$794,000
13402 Long Cypress Trail	5/4	3299	\$432,500
2035 Hibernia Court	5/3	2972	\$405,000
1922 Hibernia Court	6/4	3477	\$400,000
*1812 Plantation Oaks Drive	4/2.5	2818	\$327,000
2007 Hibernia Court	3/2.5	1932	\$310,000
*1994 Hibernia Court	3/2.5	2106	\$280,000

*Sold in cooperation with another NEFMLS member



So Grateful for my Customers who chose to work with me this year! Looking forward to helping many more in 2020!

Kathy Akel, REALTOR®
Multi Million Dollar Producer
Direct: 904.421.7959

Cell: 904.673.9886

Fax: 904.421.7999

Email:
kathyakel@watsonrealtycorp.com
www.kathyakel.watsonrealtycorp.com

Follow me on Facebook!

I sold these homes! When it comes to Real Estate, working with a PROFESSIONAL, REPUTABLE agent you can TRUST is essential to your success in selling your home. I am an EXPERIENCED full time REALTOR® with the resources and marketing materials to get top dollar for your home!

If you are thinking about selling in 2020, call me so we can develop a marketing plan to get your home SOLD!



Building Relationships One Person at a Time!



102 State Road 13, Suite 1,
St. Johns, Florida 32259
(904) 886-4919
www.FloridaNewsLine.com

Publisher
Mark Pettus
Publisher@FloridaNewsLine.com

Editor
Martie Thompson
Editor@FloridaNewsLine.com

Creative Director
Julie Gerona
Graphics@FloridaNewsLine.com

Bookkeeper
Emily Whitehead
Accounting@FloridaNewsLine.com

Social Media
SocialMedia@FloridaNewsLine.com

Advertising Sales
Linda Gay

Linda@FloridaNewsLine.com
(904) 607-5062 cell

Rebecca Thomson
Rebecca@FloridaNewsLine.com
(724) 968-7602 cell

Mandarin NewsLine Community Newspaper is a free monthly publication distributed via bulk mail and carrier to all addresses in Zip Codes 32223, 32258 and selected routes in 32257. Submission of articles and photographs are received by mail or email, although email to editor@FloridaNewsLine.com is preferred. The writers' opinions do not necessarily reflect the opinion of Florida NewsLine. Advertising Rates are available by request. Florida NewsLine is not responsible for advertisement content or accuracy of information provided by its advertisers. Nor does Florida NewsLine endorse any of the products or services included in this publication. Florida NewsLine reserves the right to refuse advertisement or copy from any advertiser. All rights are reserved and no portion of this publication may be copied without the express written consent of the publisher. ©2019.



BFF Best Furry Friend of the month

Meet Jetty!

BREED:
Black Labradoodle (a rescue)

FAVORITE ACTIVITY:
Walks and car rides

FAVORITE TREAT:
Doggie Bacon Bites and baby shoes

FAVORITE FRIEND:
His three little humans

HOW YOUR BFF GOT THEIR NAME:
From the Mayport Jetties, his family's favorite fishing spot.



This month's contest sponsored by:
Mandarin Animal Hospital
4473 Sunbeam Road
www.mandarinanimalhospital.com

Do you have a cute pet? Send us your pet's picture and the answers to the five questions above before the 10th of the month. Your pet could be our BFF of the month and you could win a Gift Certificate!
Does your business cater to pets? Would you like to sponsor our contest?
Email editor@floridanewsline.com to enter your pet or sponsor the BFF contest.

Shop DINE Play & STAY

Table of Contents

- 4 Around Town
- 6 Q&A with Tommy Hazouri
- 6 Q&A with Michael Boylan
- 7 Q&A with Lori Hershey
- 8 Library Happenings
- 12 Remembering Charlie Brown
- 15 Travel
- 16 Community Marketplace
- 19 Fishing

February's Special Section LOVE AND MARRIAGE

Ad Deadline is JANUARY 20th

Call 904-886-4919 NOW
to reserve your advertising space!



MYSTERY PHOTO



Can you guess where this is?
Submit your answer to: mail@FloridaNewsLine.com.

Last month's Mystery Photo was River City Science Academy's building on Old St. Augustine Road. Our winner was Jessica Fowler. Congratulations!

Florida NewsLine is excited to introduce

BEING Well

MAGAZINE
First Coast Edition



The perfect fit to promote all things health!

This monthly magazine was created to serve the health and well-being needs of our community. In each issue you will find health related articles from leading area professionals along with helpful information to maintain a healthy lifestyle.



Rebecca Thomson
Marketing & Sales
724-968-7602 cell
Rebecca@FloridaNewsline.com

Don't miss our first edition!
CALL FOR DETAILS!

Advertisers' Index

A New U Massage..... 16	Divine Mercy House Thrift Store..... 16	Laino & Assoc Financial Group..... 6	Sellstate High Performance Realty12
Ackerman Cancer Center / Urology 20	DK Briery CPA 9	Mandarin Arms Apartments13	Smiles By Glenos13
Affordable Water..... 18	Dr. Brian Floro DMD..... 10	Mark Spivak Dance Studio 18	Snip's Tree Service16
Alive Credit Union 19	Elegant Earth Solutions..... 16	Nautilus Behavioral Health11	St Josephs Catholic Church..... 15
American Eagle Lawn Care..... 16	Enhance Psych, Inc..... 15	Nemetz Dental Associates..... 4	Starlight Gymnastics 6
Baptist Health 2	Future Home Loans..... 16	Pavers Concrete & More..... 16	Starling Senior Living..... 15
Beauclerc Dental.....12	George R. Hentschel CPA..... 16	Quality Eye Care7	Staverman Hearing Centers..... 6
Bishop Kenny High School11	Harbor Chase of Mandarin.....11	Railing Chiropractic & Acupuncture12	Weaver & Stratton Pediatric Dentistry 9
Brooks Rehabilitation..... 5	Jax Multispecialty Dental Center 14	Randy Martin, Watson Realty..... 1	Westminster San Jose 8
Clay Eye Physicians & Surgeons..... 9	Jim Register, State Farm 10	River City Science Academy Mandarin..... 20	Westminster St. Augustine 18
Concrete Works 16	K&D Roofing & Construction 10	River Garden Hebrew Home7	Wild Birds Unlimited.....7
Datz & Datz..... 9	Kathy Akel, Watson Realty 2	River Garden Hebrew Home 19	

around town

<i>Jan</i>						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jan. 2
Mandarin Library Book Club
 1 p.m. – 2 p.m.
 Mandarin Branch Library, 3330 Kori Road
 (904) 262-5201

Jan. 4
Mandarin Republican Club breakfast meeting with speaker Marine Corps Col. (Ret.) Lin Lovin, CEO, 5 Star Veterans Center
 10 a.m.
 Golden Corral, 11470 San Jose Blvd.
 Breakfast cost is discounted; all who attend must purchase breakfast.
 rmclean1@bellsouth.net

Jan. 4
Bingo Night at St. Joseph's
 Doors open 6:15 p.m.; Games start 7 p.m.
 Cody Center, 4152 Loretto Road
 Open to the community; (904) 742-8777

Jan. 4
Read to Rover (beginning readers practice reading to therapy dogs)
 3 p.m. – 4 p.m.
 South Mandarin Branch Library, 12125 San Jose Blvd.
 (904) 288-6385

Jan. 4
Toast of Jax Toastmasters meeting
 7:30 a.m. – 9:15 a.m.
 Baha'i Community Center of Jacksonville, 5034 Greenland Road
 www.toastofjax.com (Repeating event on Saturdays)

Jan. 6
Southside Newcomers Club First Monday Coffee
 10 a.m.
 IHop, 3250 Hodges Blvd.
 sncmembership84@gmail.com

Jan. 7
Shuffleboard
 1:30 p.m. (repeating event on Tuesdays)
 Mandarin Park, next to tennis courts at park entrance
 Just show up unless it rains

Jan. 7
Honeybee Quilt Guild
 6:30 p.m.
 Mandarin Presbyterian Church, 2501 Loretto Rd.
 www.honeybeequilters.org (Repeats first Tuesday of each month)

Jan. 7
Ixia Chapter of Florida Native Plant Society general meeting, "Twenty Easy Wildflowers"
 6 p.m.
 Willow Branch Library, 2875 Park St.
 www.ixia.fnpschapters.org

Jan. 8
Southern Genealogist's Exchange Society library open
 10 a.m. – 3 p.m.
 6215 Sauterne Drive, Jacksonville
 www.sgesjax.org or (904) 778-1000

Jan. 8
Jewish Java
 9 a.m.
 River Garden, 11401 Old St. Augustine Road
 RSVP (904) 224-1408

Jan. 8
N.O.W. God (Night Out with God) for middle and high school youth
 7 p.m. – 8:30 p.m. (repeating event on Wednesdays)
 Mandarin Lutheran Church, 11900 San Jose Blvd.
 MLCJax2014@gmail.com (904) 268-4591

Jan. 8
Alzheimer's and Dementia Caregiver Support

3:30 p.m.
 River Garden, 11401 Old St. Augustine Road
 Repeating event on the second Wednesday of each month

Jan. 9
Mandarin Council networking luncheon
 11:30 a.m. – 1 p.m.
 Bonefish Grill, 10950 San Jose Blvd.
 mandarinCouncil.org

Jan. 9
Magnolia Circle, Mandarin Garden Club: Hydroponic/Aquaponic Gardening by Jessica Wells
 10 a.m.
 Mandarin Garden Club, 2892 Loretto Road
 Mandaringardenclub.org

Jan. 9
American Legion Post 372 general assembly
 6 p.m. meet and greet / 7 p.m. meeting
 Mandarin/St. Johns Elks Lodge, 4280 Oldfield Crossing Drive
 (904) 297-8344 or www.mandarinpost372.org

Jan. 11
Second Saturday Arts and Farmers Market
 9 a.m. – 1 p.m.
 First Christian Church, 11924 San Jose Blvd.

Jan. 14
Service Officer available
 4:30 p.m. – 6 p.m.
 Mandarin/St. Johns Elks Lodge, 4280 Oldfield Crossing Drive
 (904) 268-4974 (Repeats second Tuesday of each month)

Jan. 15
Jacksonville Camera Club
 6:45 p.m.
 Shepherd of the Woods Church, 6595 Columbia Park Ct.
 www.jax.jaxcameraclub.com (repeating event, first and third Wednesdays)

Jan. 15
Jewish Genealogy
 6 p.m.
 River Garden, 11401 Old St. Augustine Road
 RSVP: jgsneff@gmail.com

Jan. 15
River City Women's Club General Meeting and Fashion Trends program
 10:30 a.m.
 Ramada Inn, 3130 Hartley Road
 RSVP: (904) 262-8719

Jan. 15
Playing HOOKie crochet, loom and knitters group
 10 a.m. – 12 p.m.
 Whole Foods on San Jose Boulevard

paulab2097@gmail.com (repeating event on Wednesdays)

Jan. 17
Hurricane Dorian make-up day for Duval County Public Schools
 School is in session

Jan. 20
All Star Quilt Guild general meeting
 10 a.m.
 First Christian Church, 11924 San Jose Blvd.
 www.orgsites.com/fl/allstarquiltguild or (904) 735-0506

Jan. 21
"What You Need to Know to Fight Dementia" by Dr. Philip W. Tipton, Mayo Fellow
 6 p.m.
 River Garden, 11401 Old St. Augustine Road
 RSVP for dinner (904) 288-7855

Jan. 21
Free Tools to Quit Smoking class
 5:30 p.m. – 7:30 p.m.
 Memorial Hospital
 Call Northeast Florida AHEC, (904) 482-0189 to register

Jan. 21
American Legion Auxiliary Unit 372 meeting
 7 p.m.
 Mandarin/St. Johns Elks Lodge, 4280 Oldfield Crossing Drive
 (904) 297-8344 or www.mandarinpost372.org

Jan. 23
Live Oak Circle, Mandarin Garden Club
 7 p.m.
 Mandarin Garden Club, 2892 Loretto Road
 Mandaringardenclub.org

Jan. 23
Mandarin Council monthly breakfast
 8 a.m. – 9:30 a.m.
 Jumpin' Jax House of Food, 10131 San Jose Blvd.
 mandarinCouncil.org

Jan. 23
Mandarin Women's Club featuring Ju'Coby Pittman
 10:30 a.m.
 Ramada Inn Mandarin, 3030 Hartley Road
 RSVP by Jan. 16; bkwaldrep@comcast.net or (904) 571-6765

Jan. 30
Lifetree Cafe, "Conspiracies: What 'They' Don't Want You to Know"
 7 p.m. – 8 p.m.
 Harbor Chase Mandarin, third floor Limoncello Lounge
 George@LTCJAX.org or (904) 731-0731

Marinela M. Nemetz, D.D.S.
 Board Certified Pediatric Dentist

Robert J. Nemetz, D.D.S., M.S.
 Adult Dentistry | Periodontics | Prosthodontics



Marinela M. Nemetz, D.D.S.



We are in-network providers with Metlife, Delta, Cigna, United Healthcare and most other PPO Plans.



Mandarin South Business Center 12421 San Jose Blvd. • Suite 310/320 • Jacksonville, FL 32223 (Between Sonny's BBQ & CareSpot)
 (904) 292-2210 • www.NemetzDental.com

take 5

Lifetree Cafe now in Mandarin

Lifetree Cafe, after almost eight years holding conversation events about life and faith will now be held weekly at HarborChase of Mandarin, 12350 San Jose Blvd. The events are open to the public every Thursday evening, beginning Jan. 9, at 7 p.m. on the third floor Limoncello Lounge. Attendees are invited to share their thoughts, doubts and experiences about a wide variety of life and faith subjects or just listen to what others have to say. Lifetree Café events are always a safe places where people listen to and respect the thoughts of others. January topics are: Week 1, “Upsizing Life by Downsizing Stuff”; Week 2, “Is the Devil Real?”; Week 3, “The Witch Next Door”; and Week 4, “Conspiracies.” More information about each topic, including a video trailer is available at lrcjax.org, or [fb.com/lrcjax](https://www.facebook.com/lrcjax). Facilitator George Treiber promises to keep the conversations stimulating, refreshments fresh, and the coffee hot.

Florida Native Plant Society announces meeting

The Ixia Chapter of the Florida Native Plant Society will hold its monthly general meeting on Jan. 7 at 6 p.m. at the Willow Branch Library, 2875 Park St., featuring Scott Davis presenting a talk on “Monarch-Milkweed Initiative.”

The public is welcome. Davis is a ranger at St. Marks National Wildlife Refuge who started a native milkweed restoration initiative in 2015, since female monarchs lay eggs on milkweeds — the specific food source for the caterpillars. He and volunteers have grown more than 300,000 plants and established these in restoration projects at state parks, state forests and national wildlife refuges across Florida. Visit www.ixiafnpschapters.org for more information.

Mandarin Women’s Club welcomes Clara White Mission

The Mandarin Women’s Club will host Ju’Coby Pittman, president and CEO of the Clara White Mission, at its Jan. 23 luncheon. Clara White Mission has one of the most fascinating stories of all non-profit organizations in Jacksonville and is the oldest local non-profit. It was officially launched in 1904, but its founder, Dr. Clara English White, began feeding hungry people in her neighborhood in the 1880s. Today the mission is still committed to preventing hunger and end homelessness through advocacy, housing, job training, and employment. Doors at the Ramada Inn Mandarin open at 10:30 a.m. and reservations for the luncheon are required. The luncheon cost is \$17.50 and must be received by Thursday, Jan. 16; to make reservations and obtain payment

instructions, call Betty at (904) 571-6765 or email bkwal-drep@comcast.net. Visit www.mandarinwomensclub.com for more information.

Mandarin Community Club begins 2020 Membership Drive

The 2020 membership drive for the Mandarin Community Club, 12447 Mandarin Road, officially starts this month. Membership is open to all interested parties, but should be of special interest to those living in Mandarin and NW St. Johns County. New members are always welcome. Membership categories range from Individual/Family to Life. There is a Business Level as well. The Mandarin Community Club is a 501 (c) 3 non-profit organization probably best known as host and sponsor of the annual Mandarin Art Festival held on club grounds every Easter weekend. Various other programs for members and the community are also held during the year. Visit mandarincommunityclub.org for complete information or call (904) 268-1622.



Photo courtesy Mandarin Community Club
Mandarin Community Club

Library to show Holocaust documentary

The Mandarin Branch Library will show “Robbery of the Heart,” a documentary that delves into the story of Kristallnacht, the “Night of Broken Glass,” which was a series of coordinated attacks that marked the beginning of the Holocaust. The movie is told from the perspective of Holocaust survivors and German citizens. The adult program will be held on Jan. 27 at 6:30 p.m. with a discussion following the movie.

BARTRAM LAKES

BROOKS® ASSISTED LIVING

A welcoming community where seniors can live life to the fullest.

Bartram Lakes assisted living and The Green House® Residences provide the right balance of privacy, independence and support in a home-like atmosphere.



To schedule a tour, call (904) 299-8363 or visit BartramLakes.org



with Jacksonville City Council Member,
District 6, Michael Boylan

Q: County Dock construction seems to be coming along. Can you give us an update?

A: Construction is approximately 70 percent complete. The contractor is continuing work on the decking, handrails, and dock house. I recently had the opportunity to walk the dock and it will be a marvelous asset to the community — bigger, stronger and higher than the previous one. We are aware of some expected challenges as relates to parking and pedestrian safety that a popular facility like this will incur. We are in the process of addressing these issues and coming up with solutions prior to the expected opening in February.

Q: Do you have any new development news in Mandarin to share?

A: There is a proposal for a car wash to be located on the corner of Haley Road and San Jose Boulevard that is working its way through the planning process. This is a very sensitive area with high pedestrian traffic, especially on Fridays and Saturdays. I've encouraged the developer to have a Town Hall meeting in January, likely hosted at Etz Chaim, to get community input. The developer is open to this, but a date has not been set yet.

Also, I'm sure residents have seen the renovation of the building on San Jose which will be Blue Bamboo. They have totally gutted the building and the back wall is down. They are totally rebuilding the interior.

Q: What is the latest on the Mandarin Senior Center expansion?

A: Construction is approximately 80 percent complete. A change order has been executed and the contractor has placed an order for the new flooring. The arrival of the flooring will affect the completion date. The contractor is continuing to work on the interior of the building; cabinets and countertops have been installed and painting is in progress. The remaining site work is in progress as well.

Q: It seems like the JEA news is still ongoing. Can you comment?

A: While the situation continues to be fluid and will continue to change, the fact-finding work that I'm leading for the community to learn more continues. The process, as flawed as it has been, doesn't preclude the need for the work we are doing for the ultimate success of JEA.

Q: Do you have any Town Hall meetings scheduled?

A: Yes, a general Town Hall meeting will be held on Monday, Jan. 13 beginning at 6:30 p.m. at the South Mandarin Branch Library. If anyone has specific issues they would like addressed, please email the topics to me ahead of time, so we can have information and staff available to discuss.

Q: What is the best way for our readers to contact you?

A: Community members can email me at MBoylan@coj.net or call (904) 255-5206.



with Jacksonville City Council Vice President
Tommy Hazouri, At Large District 3

Q: Do you have any new information to share about the new right turn lane on Scott Mill Road?

A: An exclusive southbound right turn lane is being added to Scott Mill Road at Mandarin Road to improve traffic flow. The design is complete and the project is on schedule to begin construction in January 2020.

Q: Can you give us some background on the recent declaration of Jan. 23, 2020 as Human Trafficking Awareness Day?

A: As we have discussed in previous issues of Mandarin NewsLine, human trafficking is one of my main causes. I worked with the city's Office of General Counsel recently to create Resolution 2019-0895, declaring Jacksonville a Trafficking-Free Zone and designating January 2020 as Human Trafficking Awareness Month and Jan. 23 as Human Trafficking Awareness Day. This resolution was passed at the Dec. 10 City Council meeting.

On Dec. 9, I hosted members of the Northeast Florida Human Trafficking Coalition, along with numerous other local champions of this cause, for a meeting to affirm my strong commitment to working together with them to fight this important issue. Together with organizations like Rethreaded, Her Song, the US Institute Against Human Trafficking, the Delores Barr Weaver Policy Center, S.O.A.P., Awakenings House, the Women's Center of Jacksonville, the USDA, the DCF, Catholic Charities, the Jacksonville Sheriff's Office, the State Attorney's Office, Duval County Public Schools, Jacksonville University and First Lady Molly Curry, we discussed what can be done to address human trafficking in Jacksonville and northeast Florida.

Q: What ideas did you come up with?

A: Some of the solutions include ending demand and offering better resources for survivors. Did you know that Florida has been identified as a hub for human trafficking activity, and that it ranks third in the U.S. in reported human trafficking cases, behind only California and Texas? Further, Jacksonville ranks third in the state, after Miami and Tampa, in human trafficking cases. Human trafficking affects victims of every age, race, nationality, income and education level. Anyone can call the National Human Trafficking Resource Center at 1 (888) 373-7888 or text INFO or HELP to 233733 to access help and services.

Q: Do you have anything else to share with Mandarin readers?

A: On the subject of community safety, remember JSO's 9 p.m. routine: make sure guns and valuables are removed from your vehicle, and lock your vehicle doors. We have just come through the holidays, a time of year when crime tends to increase, but residents should still be aware and vigilant.

Also, I would like to say thank you to my executive council assistant, Tristan Denmark, for her continued dedication to the City of Jacksonville as she continues her journey as the special assistant to the director of the Jacksonville Public Library, Tim Rogers.

Finally, I'd like to wish everyone a Happy New Year!

Q: What is the best way for our readers to contact you?

A: They can email me at THazouri@coj.net or call (904) 630-1396.

FYI Contact Numbers

Duval County Local Government (coj.net)

Sheriff's Office: Sheriff Mike Williams, (904) 630-2120
Patrol Zone 3: Assistant Chief Mat Nemeth, (904) 828-5463

Property Appraiser: Jerry Holland, jholland@coj.net; (904) 630-2011

Supervisor of Elections: Mike Hogan, mhogan@coj.net, (904) 630-1414

Tax Collector: Jim Overton, taxcollector@coj.net, (904) 630-1916

Clerk of Court: Ronnie Fussell, (904) 255-2000

Jacksonville City Council

District 6: Michael Boylan, MBoylan@coj.net, (904) 255-5206
At Large, District 3: Tommy Hazouri, thazouri@coj.net, (904) 255-5217

Duval County School Board (www.duvalschools.org)

District 7: Lori Hershey, hershey@duvalschools.org, (904) 390-2375

State of Florida Elected Officials

Governor Ron DeSantis, (850) 488-7146

State House District 16: Representative Jason Fischer, (850) 717-5016

State Senate District 4: Senator Aaron Bean, (904) 757-5039

Federal Elected Officials

U.S. Congress District 4: Representative John Rutherford, (202) 225-2501

U.S. Senate:

Senator Marco Rubio, (202) 224-3041
Senator Rick Scott, (202) 224-5274

Prudential Financial Planning Services



Andrew Laino, CLU®, CFP®, CLTC
Financial Planner
CA Insurance License Number 0E93910
701 San Marco Blvd, Jacksonville, FL, 32207
904-313-4553

Comprehensive Financial Planning

Offering financial planning and investment advisory services through Pruco Securities, LLC (Pruco), doing business as Prudential Financial Planning Services (PFPS), pursuant to separate client agreement. Offering insurance and securities products and services as a registered representative of Pruco, and an agent of issuing insurance companies. 1008115-00001-00 D5404



SMART TECH MEET SMART PRICE

the best in hearing devices just got more affordable.

Leasing Program Now Available:

- ▶ Tech Upgrades Every Three Years
- ▶ 36 Low Monthly Payments
- ▶ No Money Down
- ▶ 45-day Trial Period
- ▶ Two to Three-Year Repair Warranty



Dr. Leslie A. Staverman
Audiology/Owner



Your Community Resource
For Better Hearing

Call: (904) 685-1394 today!

www.StavermanHearingCenters.com | 12276 San Jose Blvd—Suite #710

• Great Birthday Parties • Camps

Free Trial Class Available!

\$15 OFF
Registration Fee
Through 1/31/20

Parent's Night Out 1/24/20 6-9pm



Our #1 Priority: Your Children!
Classes are exciting and motivating!

(904) 260-4866

www.starlightjax.com

I-295 and San Jose Blvd.



with Duval School Board Member,
District 7, Lori Hershey

Q: Can you give an update on the recent Town Hall meeting?

A: On Nov. 14, I held a Town Hall meeting at Mandarin High School, let dy Principal Kniseley. School administrators and district staff were present to answer questions and listen to concerns of parents. Dr. Green attended as well. There was a great turnout. Thank you to the parents and students who attended the meeting.

Q: Do you have any other community meetings planned?

A: Yes, on Wednesday, Jan. 15 at Twin Lakes Elementary and also on Thursday, Feb. 13 at Loretto Elementary. Both meetings will feature a Chat with the Superintendent and both meetings will begin at 6 p.m. I hope to see you there.

Q: What can you tell us about the upcoming School Choice Expo?

A: The School Choice Expo will be held on Saturday, Jan. 11 from 11 a.m. – 3 p.m. at the Prime Osborn Convention Center. All public school options will be represented under one roof. You can meet principals, staff and students from magnet, neighborhood

and charter schools. I invite all parents to attend and explore your choice options. There is no cost to attend and parking is free. Please contact me if you have additional questions regarding school choice.

Q: Do you have anything else to share with District 7?

A: Congratulations to Warren Jones, who was elected chair of the school board and Elizabeth Andersen, who was elected vice chair on Nov. 19. It was an honor to serve as chair this past year and I appreciate the community engagement regarding the future of our schools.

Winter Break runs through Jan. 6; students return to class on Tuesday, Jan. 7. Remember that school will be in session on Jan. 17 as this is serving as a weather make-up day. I would like to wish everyone a Happy New Year.

Q: How can our readers contact you?

A: They can email me at HersheyL@duvalschools.org or call me at (904) 316-3609.



20% Off*

Daily Savings Club Members Save 15% on food every day.

Daily Savings Members can save an additional 5% with this coupon.

*Valid in-store at the participating stores listed. Discount applies for single item. Offer not valid on previous purchases, gift cards, optics, DSC memberships or sale items. Coupon expires 1/31/20.

St. Johns
450 SR 13 at Race Track Rd
(next to Publix)
(904) 230-3242
www.wbu.com/jacksonville

Jax Beach
4138 Third Street South
(between Trader Joes and Staples)
(904) 246-6832
www.jacksonvillebeach.wbu.com

www.QualityEyeCareJax.com • (904) 374-6890

**University of Florida Former Asst. Professor,
Hazem Samy, MD, FRCS.**

Providing excellent care to patients in Jacksonville and the surrounding areas, Dr. Samy's unique qualifications include:

- 25+ Years Experience in Ophthalmology
- American Board Certified Ophthalmologist
- Glaucoma Specialist - Fellowship Certified
- Neuro-Ophthalmologist - Fellowship Certified

Surgical And Medical Services Offered Include:

- Cataract**
- Glaucoma**
- Double Vision**
- Peripheral Vision Defects**
- Optic Nerve Disease**
- Diabetic Eye Exam**
- Comprehensive Eye Exam**

Accepting new patients!

Quality Eye Care
13241 Bartram Park Blvd. • Suite 1501-1505
Jacksonville, FL 32258

Most insurance plans accepted. Call us today for your appointment.

Save The Date!

RIVER GARDEN DINNER PRESENTATION
WHAT YOU NEED TO KNOW TO FIGHT DEMENTIA
PRESENTED BY DR. PHILIP W. TIPTON
MAYO CLINIC BEHAVIORAL NEUROLOGY FELLOW
JANUARY 21, 2020 AT 6:00 PM
AT RIVER GARDEN COHEN AUDIOTRIUM
RSVP (904) 288-7855 OR KBELL@RIVERGARDEN.ORG

New Year, novel ideas for all ages at library

By Olga Bayer
mail@floridanewslines.com

Book Clubs Around: If one of your goals is to read more books this year, a book club might be just the motivation you need. You can bet on a lively book discussion each month at the Mandarin Book Club. All adults are welcome, so join the club Jan. 2 at 1 p.m. at the Mandarin Branch Library. No need to have read “Before We Were Yours” to enjoy this month’s discussion. You’ll learn about next month’s book selection at the same time. Mandarin Library also hosts a Mother-Daughter Book Club Jan. 13 at 6:30 p.m. for adults and teens so you can kick off the New Year with some mother-daughter bonding. Kids aged eight – 12 will be crazy for the Kids Graphic Novel Book Club, which meets Jan. 18 at 2 p.m., and features a discussion about “Little Robot” by Ben Hatke and a related activity.

Storytime — Read, Play, Learn: Get your kids off to a good start with one-hour storytime programs at South Mandarin Branch Library. On Saturdays, Jan. 4, 11, 18 and 25 at 10:30 a.m., children from birth to age five, along with an adult caregiver, can enjoy fun stories, movement activities, nursery rhymes and songs that promote language development, vocabulary building and comprehension. Or bring your child to Friday storytimes Jan. 3, 10, 17, 24 and 31 at 10:15 a.m. and 11:15 a.m. Space is limited, so come early.

Teen Advisors: Middle and high school students aged 12 – 18 are invited to



Photo courtesy Jacksonville Public Library
The Mandarin Book Club, going strong for more than 10 years, meets the first Tuesday of each month at the Mandarin Branch Library. All adults are welcome.

participate and share ideas for future programs and activities by joining the Teen Advisory Board. The board meets Jan. 14 at 6:30 p.m. at the South Mandarin Branch Library and Jan. 25 at 4 p.m. at the Mandarin Branch Library. Teens not only make a great contribution, they also earn volunteer credit hours for their school’s community service requirement.

Get E-Savvy: Did you receive a new e-reader or tablet as a gift over the holiday? Learn how to download e-books and stream movies, music and more in the E-Books and More class at South Mandarin Branch Library Jan. 11, from 2 p.m. – 3:30 p.m. Bring your new device, and a helpful e-library specialist will show you everything you need to know to get the most out of it.

Libraries will be closed Jan. 1 for New Year’s Day and Jan. 20 for Martin Luther King Jr. Day. Find information about additional events at jaxpubliclibrary.org or call Mandarin Branch Library at (904) 262-5201 or South Mandarin Branch Library at (904) 288-6385.

New app guides families through pregnancy and beyond

By NewsLine Staff
mail@floridanewslines.com

Parenthood begins long before a baby is born. That’s why it’s important for moms-to-be to take care of themselves and their new addition throughout those whirlwind nine months. To help answer the many questions that come with this journey, Baptist Health and Wolfson Children’s Hospital — in collaboration with Wildflower Health, a leading mobile health software company — has developed the MyFamily mobile app to help moms and dads from early pregnancy until long after baby is born.

App features engage and inform users throughout their experience, and include:

- A “Find a Provider” tool with Baptist Health’s directory of more than 1,200 OB, pediatric and primary care physicians
- Reminders for maternity tours and childbirth classes
- Storage of all of your self-entered doctor’s appointments and questions in a feature called the “Q-List”
- Daily pregnancy tips, weekly pregnancy videos and to-dos by trimester

- Feeding, diaper and growth trackers for newborns to toddlers
- Tips for new parents on sleep, swaddling and traveling, including postpartum depression articles with connections to support groups and a 24/7 helpline
- Profiles for every family member from ages 0 to 99, along with vaccination and weight trackers
- Personalized daily newsfeed specific to users’ interests and needs

“Baptist Health and Wolfson Children’s Hospital want to help families be as healthy as possible throughout their lives,” said Brett McClung, president and CEO of Baptist Health. “The MyFamily app is an extension of our expertise and care, helping us to fit into the daily lives of parents as they take care of themselves and their children at every stage.”

The MyFamily app can be downloaded in both the Apple App Store and Google Play Store by following the links, searching “MyFamily Baptist” in your app store or texting HEALTH to (904) 441-5204.



COME TO OUR JOB FAIR MAKE A DIFFERENCE IN SENIORS’ LIVES

Join our team and enjoy a competitive salary, great benefits and an awesome work environment at our senior living community! We are seeking Certified Nursing Assistants, Registered Nurses and Licensed Practical Nurses. Full-time and part-time positions are available with shift differential pay and incentives. Positions in Dining and Housekeeping are also available.

Come to our on-site job fair to learn more:

January 20 from 2 to 5 p.m.

25 State Road 13, Jacksonville, FL | (904) 287-7300

www.WestminsterCommunitiesFL.org/careers



www.WestminsterWoodsFL.org



NOW is the time to reserve your space!

Championship Spectators Guide
The “go to” fan guide for THE PLAYERS
Official tournament information from the PGA TOUR

YOUR BUSINESS AD IN FRONT OF 26,000+ FANS!

The PLAYERS Championship March 10-15, 2020



Call today and let’s talk about how we can grow your business.

**Rebecca Thomson
Marketing & Sales
724-968-7602 cell
Rebecca@FloridaNewsline.com**

Increase your sales! Advertise in our February special section.

Love & Marriage.

Ad deadline
January 20th

Editorial

Water Less to save water and help sustain our water supply

By Ann B. Shortelle, Ph.D.
mail@floridanewline.com

The St. Johns River Water Management District has launched a new year-long “Water Less” campaign to help raise awareness about water conservation and to communicate easy ways to integrate outdoor water conservation into our daily lives without sacrificing curb appeal.

While the cumulative rainfall total is 3.7 inches below the long-term average over the last 12 months across the district’s 18-county region, smart water use is a year-round tool to maintain and manage your investment in your home, family and future. It’s important to know that you can practice water conservation and still love your lawn.

Throughout the next year, the Water Less conservation focus will shift each season to reflect the unique water needs of Florida lawns and landscaping, starting with “Fall Back” in November to encourage once-a-week watering as we enter cooler weather.

When lawns go dormant this winter and need less water, the campaign focus becomes “Skip a Week,” to encourage skipping every other week of irrigation.

Did you set it and forget it? In spring, the campaign emphasizes taking control of your irrigation system to make it work for you while also saving water.

The summer Water Less campaign

theme is “Watch the weather, wait to water” — a reminder in Florida’s typically rainy summer that there’s a good chance Mother Nature will water for you.

Many people don’t realize lawn and landscape irrigation makes up about half of Floridians’ daily residential water use. Improving landscape irrigation practices can save water and improve your landscape’s quality at the same time. Overwatering can encourage mold and fungus, weaken grass roots and promote weeds and undesirable insects. Water is wasted when broken or misdirected sprinkler heads spray water onto sidewalks and pavement, and water runoff from oversaturated yards often carries fertilizers, debris and nutrients into natural waterways, which leads to poor water quality.

One of the most important ways to help meet our water supply needs for today and in the future is through water conservation — year-round water conservation is an easy way to invest in the future, while still maintaining thriving lawns and landscapes. Visit the campaign website, waterlessflorida.com, and follow us on social media to learn more and help spread the Water Less message.

Ann B. Shortelle, Ph.D. is executive director of the St. Johns River Water Management District.

NO ONE PLANS ON DIVORCE

Let Us Make a Difficult Time Easier

If you are considering divorce, you need experienced representation that can help you navigate the process and protect your assets. Rely on our seasoned, credentialed team to assist you with:

- Divorce
- Paternity Suits
- Property Division & Alimony
- Child Custody & Child Support
- High Net Worth Cases
- Prenuptial Agreements

Contact us for a consultation at 904.296.7440 or datzlaw.net

DATZ & DATZ
ATTORNEYS AT LAW



Best Lawyers

Super Lawyers

Avvo

AAML



Surgeons
Health
Peace

Cataract
Happiness
Retina
LASIK
Glasses
Cornea

2020

HAPPY NEW YEAR

Physicians
Glaucoma
Eyes

MANDARIN
11790 San Jose Boulevard

Offering **SATURDAY APPOINTMENTS**
at the Mandarin location
from 8:00 AM-3:00 PM

Orange Park
2023 Professional Center Drive

Fleming Island
1615 County Rd 220, Suite 140

St. Vincent's Hospital-Riverside
DePaul Building, Suite 120

904-272-2020 • clayeye.com

LET US SIMPLIFY YOUR ACCOUNTING NEEDS

DB
CERTIFIED PUBLIC ACCOUNTANT

41 years of serving clients.

We specialize in Small Business Accounting Services
Bookkeeping - Financial Statements - Tax Prep
- Consulting and more

We work with our clients to achieve their goals, navigate the complexities of today's accounting world so that their businesses can thrive and grow!

- Tax Planning and Prep for Business/Individual
- QuickBooks Consulting/Training
- Church Accounting - Clergy Taxation
- Pension Plans - IRAs

Call today for your no cost consultation.
No cost consultation limited to ½ hour.

D.K. BRIERY,
CPA, PLC
CERTIFIED PUBLIC ACCOUNTANT

904-880-3200 | www.dkbrierycpa.com

Located in the Julington Creek Business Park | 12627 San Jose Blvd, Suite 601 • Jacksonville, Florida 32223

WEAVER AND STRATTON
PEDIATRIC DENTISTRY & ORTHODONTICS

Exams, Prizes, Fun!

THREE CONVENIENT LOCATIONS!

JULINGTON CREEK OFFICE • 112-203 BARTRAM OAKS WALK • ST JOHNS, FL 32259
ORANGE PARK OFFICE • 1584-1 KINGSLEY AVENUE • ORANGE PARK, FL 32073
ATLANTIC OFFICE • 12740-C ATLANTIC BLVD. • JACKSONVILLE, FL 32225

DR. PATRICK WEAVER
PEDIATRIC DENTIST

DR. AYLIN MAZZUCCOLO
ORTHODONTIST

DR. ROBERT WEAVER
PEDIATRIC DENTIST

**TO SCHEDULE AN APPOINTMENT
CALL OR VISIT US ONLINE:
904.264.KIDS | 264KIDS.COM**

Native Sons and Daughters enjoy fall Longhouse at Suwannee

By Brian Quirk, Flaming Arrow
mail@floridanewsline.com

Under ominous cloud cover and drizzling rain showers, the fathers and sons of the Timucuan Native Sons and Daughters program headed to the banks of the Suwannee River to participate in their Fall Longhouse, or campout. This year, the boys quickly erected their tents, canopies and cooking stations and helped their fathers with each of their campfires.

Under the guidance of this year's Nation Chiefs, Scott "Iron Wolf"



Photos courtesy Brian Quirk



In the egg toss competition, the eight-year-old and under winner was Anderson "Running Wolf" Ward and the nine-year-old and older winner was

Calvin "Fast Red Bird" Rocheleau, who also won the critter race. The shelter building display was won by the combined efforts of the Mohave and Kiowa tribes. (Rumor has it there was a treaty signed after reconciling a land dispute.)

Clueppel and Cooper "Soaring Falcon" Nightingale, the boys had a variety of events to participate in on this trip. Bi-annual competitions in critter racing and the egg toss are event favorites. This year, the Chiefs added shelter building, a compass race and Iron "Chief" cooking as brand new events.

The one-mile compass race was won by the Kiowa tribe and the Iron Chief cooking demonstration was won by the Oconee tribe. Lastly, the best campsite in the Apache Nation was presented by the Oconee tribe and the best campsite in the Algonquin Nation was presented by the Shawnee tribe.

This year's event came to a close with a sacred ceremony in front of a blazing bonfire. As the young braves reluctantly packed up their gear, many of them were already asking when the next event would take place so they can spend additional quality time with their fathers.

The Native Sons and Daughters organization was developed to help strengthen family relationships between fathers and their children. Each Nation or Longhouse experience enables father

and child to have fun while sharing new adventures together. As the parent of a young child, you have the tremendous opportunity to get to know your child. Spending quality one-on-one time with your child will help build a strong bond of trust and memories that will last a lifetime. As the Great Spirit reminds us, "You only have 18 summers to make a difference in your child's life."

Upcoming Native Sons and Daughters events include roller skating at Skate Station, the Suzie Q. Miller Family Campout, attending a Jacksonville Ice-men hockey game, going to the Monster Jam, the Sunshine State Pow Wow at Wickham Park and both the boys' and girls' Spring Longhouses.

Visit www.nsdjax.org for more information.



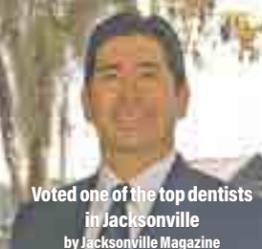
Brian E. Floro DMD, PA
General and Family Dentistry
(904) 268-0830 - www.florodental.com

Located near Quest and Brooks Rehabilitation
Corner of Loretto Road and San Jose Blvd.
11705 San Jose Blvd., Suite 211 • Jacksonville, FL 32223

• Exams and Cleanings • Placing and Restoring Dental Implants
• Extractions • Root Canals • Crowns and Bridges • Veneers and Teeth Whitening
• Clear Braces with ClearCorrect

New Patient Special
\$99
Exam, Digital X-Rays
This offer is exclusive to self-pay patients and may not be used with any insurance program.
Must present coupon. Expires 1-31-20.
Brian E. Floro DMD PA
11705 San Jose Blvd. • 268-0830

Whitening for Life!
\$99
Contact the office for details.
Must present coupon. Expires 1-31-20.
Brian E. Floro DMD PA
11705 San Jose Blvd. • 268-0830



Voted one of the top dentists in Jacksonville by Jacksonville Magazine
Brian E. Floro DMD



Jim Register, Agent
12058 San Jose Blvd, Suite 302
Jacksonville, FL 32223
Bus: 904-268-5522
www.jimregister.com

Holiday wishes.

May the magic of the season bring you peace, love and joy. Happy Holidays to an incredible community!

Here to help life go right.™



State Farm
Bloomington, IL

1708156



KEEP YOUR ROOF IN PRIME CONDITION

- Insurance Claims
- Roofing
- Roof Repairs
- Roof Maintenance Contracts
- Tile and Shingle Roof Cleaning
- Painting
- Chimney Cap Replacement
- Chimney Repairs
- Leak Detection Specialist
- Concrete and Paver Cleaning & Maintenance

Professional Quality at the Best Price

Call Today For a Free Roof Cleaning or Reroof Estimate! 904-223-6068



Roof Cleaning Before & After

AFTER

We can rodent proof the exterior of your home



Financing Available

BEFORE

74 6th Street South, Suite 104 • Jacksonville Beach, FL 32250

904-223-6068 • KandDRoofing.com





IV-0003133961-01 CCC1325852 CBC1258249



Photo courtesy Mary Eyer
Thomas Angjellari, second grader, participating in Paint the Point Day



Chandra Rhodes and her two daughters, kindergartener Emily and fifth grader Katie, came out to volunteer.

Paint the Point Day held at Crown Point Elementary

The leadership Environment Action Team at Crown Point Elementary School organized an incredible day of painting on Nov. 16. Paint the Point Day brought out school staff and the community to show off their artistic and leadership abilities in jazzing up the school's campus. Teachers, staff, students, and parents worked for hours on painting the bathrooms and hallways with inspirational quotes. Large paw prints were painted on Arrowhead Road and Crown Point Road walkways. Volunteers also worked on painting kindness rocks for the gardens to foster a sense of peace and caring. Business partner Smoothie King brought smoothies for all the volunteers. The day was a great success in creating a positive environment for the students.

Mandarin Museum cont. from pg. 1

Iwo Jima (Dan Stanley); being a gunner on 11 landings in the South Pacific (Jim Snellen); serving as a mess cook at NAS (George Waldoch); being the communications specialist for General MacArthur in post-war Japan (Paul Dymond); and two women who were in the US Cadet Nurse Corps (Wilma Arpen and Charlotte Leslein).

A display of photographs of these WWII veterans and others from Mandarin who have passed away was on display in the Mandarin Museum through December on Saturdays from 9 a.m. – 4 p.m. There is also a special small display in honor of Lt. William W. Webb, grandson of W.W. Webb, who built the farmhouse on the



George Waldoch at a prior Winter Celebration

Walter Jones Historical Park property. Lt. Webb was killed during Operation Dragon in southern France in 1944.



Nautilus Behavioral Health

Let us help you and your family be at your best!

WE ARE EXCITED TO OFFER **MIGHTIER**[®]
by Neuroemotion Labs.

Mightier transforms video games into tools that teach kids to manage difficult emotions, like anxiety, anger and frustration. Mightier is an individual, 12-week program developed at Children's Hospital Boston/Harvard Medical School for kids ages 6-14. Call today to see if Mightier is right for your child!

If you are concerned about your child's academic performance, attention, emotions or behaviors, we can help. We offer individual and family therapy as well as educational groups and workshops. Our comprehensive assessments include: IQ & Achievement • ADHD • Gifted • Standardized Testing Accommodations

12412 San Jose Blvd., Suite 203 | Jacksonville, FL 32223 | Phone: 904-432-3321 | Fax: 904-432-3324
www.nautilusbehavioralhealth.com



Lisa D. Bailey, Ph.D.



Sarah Dew-Reeves, Ph.D.

A Cooking Demonstration and Take-Home Meal Kit



HarborChase

Plates



Thursday, January 16 | 2-4pm

Join us for a special cooking demonstration as our Chef shows you how to prepare our signature "Chicken Corn Chowder."

Our talented Chef will demonstrate how to prepare this delicious meal, then send you on your way with everything you need to recreate it at home! While you're here, enjoy our signature brand of hospitality and indulge in treats and our special hot chocolate bar. We hope to see you there!

12350 San Jose Blvd.
Jacksonville, FL 32223
(904) 584-9806
www.HarborChase.com



HarborChase

Independent & Assisted Living
Memory Care

Mandarin

ALF# 13126 

STEEPED IN TRADITION. COMMITTED TO EXCELLENCE. ANCHORED IN FAITH.





JOIN US FOR AN OPEN HOUSE ON SATURDAY, JANUARY 11, 2020

SESSION I: 9 A.M. SESSION II: 11 A.M. • www.bishopkenny.org • (904) 398-7545

Remembering Mandarin's Charlie Brown

By Sandy Arpen
mail@floridanewsline.com

Charles Moses "Charlie" Brown was born in 1904 in Mayport, but moved with his family to Mandarin when he was three years old. There he remained for the next 80 years until his death in 1987.

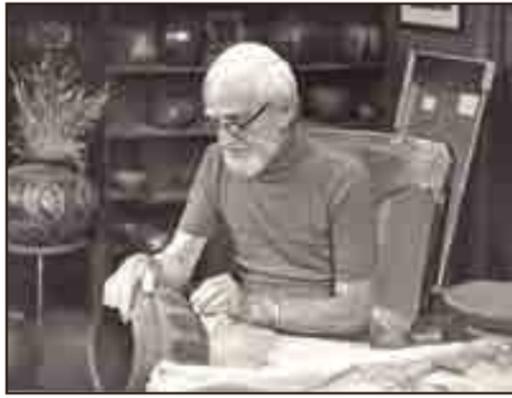


Photo courtesy Mandarin Museum & Historical Society
Charlie Brown in his studio.

Though internationally known for his raku-fired pottery, his first interest in art was in painting landscapes and still lifes. In 1951, friend and Mandarin resident Memphis Wood encouraged him to take a pottery class sponsored by the University of Florida and from then on Brown was hooked on pottery. He later recalled, "As soon as I got hold of the clay, I knew that the rest of my life was going to be in clay."

I love clay! — the way it looks — the way it feels when I mix it with my hands — the first glimpse of a glowing pot when the kiln is opened. I even enjoy the back-breaking task of digging it. I suppose, then, that it is perfectly natural that I have become so absorbed with the making of clay objects that it has become my very life. My greatest wish is that I will leave behind me a few statements in clay that have a timeless and precious quality which makes for endurance.

~Charlie Brown

In 1962, at the age of 58, he abandoned his career as an accountant for a local produce company and became a full-time potter. Brown formed all of his pots by hand, finding the potter's wheel unsatisfying because it produced works that were too perfect.

He was introduced to the raku method of firing pottery in the 1960s and it became his trademark. In that technique, pots are pulled red hot from the

furnace and placed in organic matter — in Brown's case, sawdust. In addition to pots, Brown also created jewelry, wall hangings and even Christmas ornaments (some of which were selected by Vice President and Mrs. Walter Mondale for their Christmas tree in the Vice President's Residence.) When temporarily unable to work in clay due to a hand injury from an automobile accident, he began creating large woodblock monoprints.

Brown's works are found in major collections including the Smithsonian, the Johnson Wax Collection and numerous museums. His pots were included in many books and magazines including OBJECTS:USA, Ceramics Monthly and Time magazine. A nice collection of his pottery is displayed at the Mandarin Museum.

Visit www.mandarinmuseum.net for more information about Mandarin's history.

3 simple ways to eat healthier every day

By NewsLine Staff
mail@floridanewsline.com

Diets can be difficult to navigate. Since no two people are the same, a healthy diet that satisfies one person won't necessarily satisfy another. Vegetarians might be perfectly happy without chicken or steak, while some people might shudder at the notion of never indulging in the occasional filet mignon.

While the most effective diets tend to be those that emphasize nutrition while still allowing individuals to indulge in some of their favorite dishes in moderation, the following are three ways that everyone, regardless of their personal preference, can eat healthy every day.

1. Eat lots of whole-grain carbohydrates.

Fad diets tend to paint carbs as the enemy, but various studies have shown just how integral carbohydrates, particularly whole-grain varieties, are to a healthy diet. One such study published in 2018 in the medical journal *The Lancet Public Health* found that diets that got between 50 and 55 percent of their calories from plant-based carbohy-

drates like whole grains were associated with a lower risk of mortality than low-carb diets that favored animal-derived protein sources. When buying carbs at the grocery store, shoppers can opt for whole-grain varieties, including whole-grain pastas, brown rice and cereals. That won't require sacrificing flavor and makes for a simple way to eat healthier every day.

2. Make a concerted effort to eat more fruits and vegetables. The United



Photo courtesy MetroCreative
A few simple adjustments can be all it takes to improve the nutritional value of your diet.

Kingdom-based National Health Service, which is the largest single-payer healthcare system in the world, recommends eating at least five portions of fruits and vegetables every day. That may sound like a lot, but it's pretty easy to incorporate all

those healthy fruits and veggies into a diet. For example, add a serving of antioxidant-rich blueberries to your cereal bowl each morning. At dinner time, allow vegetables to take up the most real estate on your plate. The Centers for Disease Control and Prevention note

Eat healthier cont. on pg. 19

Railing Chiropractic & Acupuncture

Eliminate pain, heal injuries and promote your overall wellness with quality chiropractic care from the experienced professionals.

- Chiropractic Care
- Pediatric Chiropractic
- Injuries & Accidents
- Back, Neck & Joint Pain
- Massage Therapy
- Acupuncture
- Cold Laser Therapy

In network with most major insurances • Affordable cash plans available • Onsite digital x-ray

Dr. Christopher Railing
serving the area since 2011

13241 Bartram Park Boulevard | Ste 509
904-551-9283 | www.railingchiropractic.com
M/T/W/F 8-12 2-6 • Th 9-12

Let Us Show you The "Platinum" Difference!

Serving Mandarin, Julington Creek and all of North Florida

SELLSTATE
HIGH PERFORMANCE REALTY
(904) 312-9300

www.SellstateHighPerformanceRealty.com
12276 San Jose Blvd, Ste 206, Jacksonville FL 32223

Dr. Annette Lorenzo, DDS, CAGS
Orthodontist and Dentofacial Specialist

BEAUCLERC DENTAL

Dr. Yunior Molina, DDS, PA
Family, Cosmetic and Implant Dentistry

All Inclusive Dental Implants
Starting at \$249 per month

Multi-Specialty Dental Care
ALL DENTAL SERVICES UNDER ONE ROOF!

Braces or Invisalign
Starting at \$99 per month
(Includes FREE Whitening)

- The latest ORTHODONTIC SERVICES provided by a specialist
- COMPLIMENTARY CONSULTATION or second opinion
- Invisible Ceramic braces, Clear Aligners or Invisalign
- Therapeutic BOTOX for: MIGRAINES, BRUXISM (grinding and clenching), TMJ (Jaw soreness)
- Facial rejuvenation therapy using BOTOX & DERMAL FILLERS

- Quality, Affordable Dental Care
- Great in-house SAVING PLAN with multiple discounts
- Convenient location with EARLY & LATE HOURS available
- Children of ALL AGES are welcome
- SAME DAY emergency treatment
- UNBEATABLE IMPLANT PRICES!

New Patient Special
\$89 Comprehensive exam
D0150, Xrays D0220,
cleaning D110.
Only patients without insurance.

\$49 Emergency exam & xray
Only patients without insurance.

We are obsessed with giving you an EXCEPTIONAL PATIENT EXPERIENCE.

904-733-3391

9309 San Jose Blvd., Jacksonville, FL 32257

beauclercdental.com

Life

travel · pantry raiders · gardening
fishing · entertainment · puzzles

Get to Know . . .



Photo courtesy Grace Meyers
Grace Meyers

Grace Meyers

By Cassy Fiano-Chesser
mail@floridanewsline.com

Mandarin preteen Grace Myers has a love for adrenaline and animals, and she's combined both into a career that has made a big name for her in the Mandarin area. Myers started a career in barrel racing, but needed more money — so she started another career selling eggs, which she runs entirely by herself. On top of that, she's also an avid athlete, making her one busy 12-year-old.

1. Tell me about yourself.

I started riding horses when I was four. People would tell me I wasn't good enough, and I proved them wrong. I would go out there, and I did what I was supposed to do, and I worked hard. I didn't have enough money to carry on and keep riding, because I would lose money paying the entry fees, and to get horse feed, so my dad and I came up with a plan to sell eggs. So we got our chickens, and we started with eight. Then we advanced to 16, then to 36, and now we have 42. We started delivering in Mandarin to neighbors in subdivisions all over. I get \$5 a dozen, and I use that money that I earn for things that are necessary in barrel racing, like feed, hay, saddles, bridles, everything that the horse needs. I go to school at San Juan Del Rio, and I've been there

since first grade, and I'm in sixth grade now.

2. How did you get started selling eggs?

We had a farm that my grandma lives on a mile away from our house, and we figured that if I needed more money, we should start a cute little business. Most people, when they go to the store, they're buying these chemical eggs, there are things that aren't natural, and chickens aren't free range, don't get to eat the kinds of food that they should. So we figured, let's start our own egg business. We let them free range every day, and they eat worms. After that, we realize it was a great idea. It helped me pay entry fees to barrel racing, and it helped my career a lot.

3. And you handle the business all by yourself?

I have a whole egg book, and I keep a catalogue — every time we deliver to people, every time I buy something. And at the end of each month, I add up how much it costs, and everything I bought that month, including horse feed and chicken feed, and other necessities. And I also add up how much money I earned, and I subtract it to see how much I get at the end of the month. It helps my career, because I can buy things like shoes for the horses, so when they go on the concrete, it doesn't ruin their feet and helps them barrel race. I can buy more products, like brushes, shampoo and conditioner, and leather cleaner for my saddles — everything I need. It's honestly really

easy. You just have to be very organized. You have to know what costs more, what costs less, and what would benefit your future.

4. Why do you love barrel racing?

I love being able to know that I can control these wild animals. I've been able to tame them all by myself. I have such a bond with a big animal, and knowing that nothing can come between us. It's like, everyone always says that they're scared, because there's no "off" button on a horse. But it doesn't scare me. They just want to obey you.

5. What other hobbies do you have?

I play flag football, which I really enjoy. I love running; I'm really tall, and I can run really fast. That's always been something me and my dad enjoy together, so I'm on a team now. I also like playing volleyball, which I don't get to play as much because barrel racing and football get in the way, but I love to go in the backyard and try to hit the ball with my friends.

Italian American Club cont. from pg. 1

club, it feels like family. You can meet people and automatically have friends. And you don't have to be Italian. Anyone who appreciates Italian culture and food is welcome to join."

Ann Clemente said that club is also available for rentals, fees from which go to help with the upkeep of the aging club building.

"We are so thankful for the club," Ann Clemente said. "Everybody gets along and we just enjoy coming together with people who share an appreciation of all things Italian."

Visit www.iacofjacksonville.com for more information.



Installation of officers, January 2019.



A fun time was had by all at the club's Halloween party.

Thank you
for shopping
with our
advertisers!

Get to Know . . .

Interested in being featured?
Email Martie Thompson at
editor@FloridaNewsLine.com

"Voted Best Orthodontist in St. Augustine"

Creating Beautiful Smiles for Over 30 Years!

smiles
by **GLENOS**
ORTHODONTIST

HAPPY NEW YEAR!
Call for a **FREE ORTHODONTIC**
Growth & Development **EXAMINATION**

ST. JOHNS
111 Doctors Village Dr • Race Track Rd • St. Johns, FL 32259

ST. AUGUSTINE
22 St. Johns Medical Park Dr • St. Augustine, FL 32086

WILLIAM J. GLENOS, D.M.D., P.A.
Board Certified Orthodontic Specialist For Children, Teens, and Adults
904.79SMILE (797.6453) - smilesbyglenos.com

Connect with us! Like us on Facebook

Mandarin Arms Apartments

11648 Pine Acres Rd.
Jacksonville, FL 32223
Phone (904) 268-7251

- South Mandarin school district
- Garbage/Pest Control Paid
 - Playground
 - Fully Electric
- Equipped with Stove, Refrigerator, and Mini blinds

2 Bedroom Townhouses
• On Site Manager
Rental Assistance
Rents: \$0 - \$783 Monthly

Office Hours--9am-5pm M-F
"This institution is an equal opportunity provider."
FRC (TTY)# 1-800-955-8770

The Pantry Raiders

Cozy up to a slow-cooked meal

By NewsLine Staff
mail@floridanewline.com

Slow cookers are a handy tool for any home chef, particularly those who juggle busy daily schedules. With slow cookers, meals can be prepared in advance and then left to simmer for hours while they develop deep flavors as meats become tender and succulent. When cooking recipes in a slow cooker, it's best to choose cuts of meats and poultry that can stand up to long cook times. These cuts tend to be more fibrous and tough, but will tenderize with time. Short ribs, for example, are a prime option for slow cooking magic. They're the star of this recipe for "Bacon, Onion & Stout Braised Short Ribs" from "Crock-Pot® 365 Year-Round Recipes" (Publications International, Ltd.) from The Crock-Pot Kitchens.

Short Ribs

(Serves 4)

- 4 lbs. bone-in beef short ribs, well trimmed
- 1 tsp. salt, plus additional for seasoning
- ½ tsp. ground black pepper, plus additional for seasoning
- 1 tbsp. vegetable oil
- 6 oz. thick-cut bacon cut into ¼-inch dice
- 1 large onion, halved and cut into ¼-inch slices
- 1 tbsp. tomato paste
- 2 tbsp. all-purpose flour
- 2 tbsp. spicy brown mustard
- 1 bottle (12 oz.) Irish stout
- 1 bay leaf
- 1 cup beef broth
- 2 tbsp. finely chopped parsley leaves
- Hot mashed potatoes or cooked egg noodles (optional)



Photo courtesy MetroCreative
Slow-cooked short ribs and mashed potatoes make for a tasty meal.

Season beef with salt and pepper. Heat oil in large skillet over medium-high heat until almost smoking. Working in batches, cook short ribs in skillet, turning to brown on all sides. Transfer each batch to a slow cooker as it is finished. Wipe out pan with paper towels and return to heat.

Cook bacon, stirring occasionally, until crisp, about four minutes. Transfer with a slotted spoon to a paper towel-lined plate to drain. Remove and discard all but one tablespoon drippings from pan. Reduce heat to medium and add onion. Cook until softened and translucent, stirring occasionally. Add tomato paste, flour, mustard, one teaspoon salt and ½ teaspoon pepper. Cook, stirring constantly, one minute. Remove from bottom of pan. Pour over short ribs. Add drained bacon, bay leaf and beef broth. Cover and cook on low eight hours, or until meat is tender and falls off the bone.

Remove beef and skim fat from cooking liquid. Remove bay leaf and stir in parsley. Serve with mashed potatoes or egg noodles.

Tip: This recipe can be cooked ahead and refrigerated overnight.



Be sure to Thank our Advertisers

Bishop Kenny senior first runner up in 2019 High School Sweetheart Pageant



Photo courtesy Bishop Kenny

Grace McCormick represented Bishop Kenny in the 2019 High School Sweetheart Pageant on Dec. 7 at Stanton College Preparatory High School, where she was selected as the first runner up among the 27 contestants. She was crowned with a tiara and received a \$600 cash scholarship and plaque. She is also the reigning Miss Freedom U.S.A. Ambassador, and a Miss BK Sweetheart. McCormick has a strong academic schedule and has accrued more than 335 service hours through her work with organizations including Night to Shine, Hope Haven, and the Ronald McDonald House. She is currently the Theatre department president, Anchor Club convention chair, a member of the BK Ambassadors, NHS, and the Science and Thespian honor societies. She would like to attend Florida State University and pursue a degree in Communications while continuing her involvement in musical theatre.

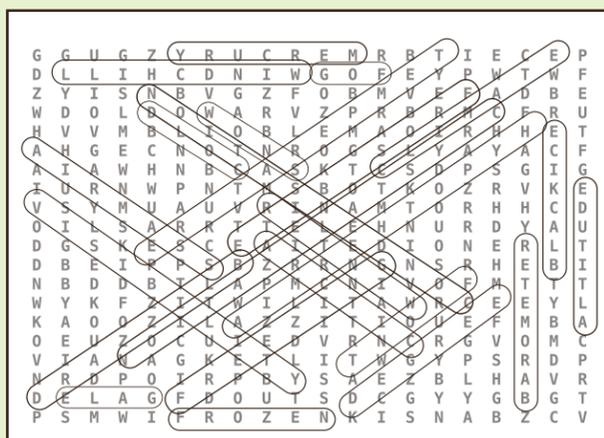
Answers to puzzles on page 16

Answers

to our **Puzzles**



Answers: A. frost B. icicles C. slick D. gusty



Creating Smiles & Relationships for a Lifetime!



Our group of dental specialists provide expert care from simple to complex cases!

- Dr. Obdulia Rondon, DMD
- Dr. Yaney Gonzalez, DMD
- Dr. Jeannette Hanna, DMD
- Dr. Ryan Garske, DMD
- Dr. Jessica Nixon, DMD

At Our Specialty Center:

- Dr. Dennis Mahan, Oral Surgery
- Dr. Annette Lorenzo-Reyes, Orthodontics
- Dr. Allison Johnston, Pediatric Dentist
- Dr. Eric Olson, Prosthodontics



JR DENTAL

General | Specialty | Dental Lab

Accepting New Patients of All Ages

\$39
EMERGENCY EXAM
&
ONE X-RAY

New Patient Special \$99
Comprehensive Exam
Includes cleaning & X-Ray
(D0150, D0220, D1110)

FREE IMPLANT CONSULT
with 3D X-RAY

Safe and quick implant placement with 3D Cone Beam Scan, for implant supported denture, single tooth/bridge. To determine implant fee starting at \$1500.

FREE SECOND OPINION

Your smile and investment deserve a second opinion.

JRDentalCare.com

904.786.5850

12276 San Jose Blvd.
Ste 314

Travel

Exploring Graceland and the Ghosts of Elvis

By Debi Lander
mail@floridanewslines.com

Elvis Presley shook the music industry in the 1950s. He rattled and rolled his way to the top, becoming the King of Rock 'n' Roll. I, however, was battling traffic on a drive toward Memphis. I kept hearing the lyrics of Paul Simon's Graceland playing in my head, "I'm going to Graceland, Graceland — in Memphis, Tennessee, I'm going to Graceland."

Elvis was born in 1935, in a two-room house built by his father, grandfather and uncle in Tupelo, Miss. They were very poor. When Elvis turned 13, his father moved the family to Memphis in hopes of finding a better job. But Elvis had bigger dreams — he intended to become a legend. Armed with his guitar and influenced by images of Captain Marvel in a comic book, Elvis envisioned himself with the character's signature lightning bolt, hairdo and cape.

Determined, in 1954, Elvis recorded a record at Sun Studios, and by 1955, RCA signed him to a contract. In

1957, the young star, at age 22, bought himself a house and named it Graceland.

I have to admit, I'm wasn't a huge Elvis fan, but I was curious. I'd heard about the 2017, \$45 million, 200,000-square foot state-of-the-art Elvis Entertainment complex. I just had to go.

Graceland Tours: Your budget might get rattled when you see the admission prices, but based on a full day's entertainment, just roll with it. Graceland is the most visited house in America after the White House. About 21 million have toured Graceland since it opened to the public in 1982.

Tours inside Graceland are self-guided. You're loaned an iPad and headset and listen as John Stamos and Lisa Marie (Elvis' daughter) provide information. Enter through the front door flanked by stained glass panels. Then, walk around and see the living room, music room, parents' bedroom, dining room and kitchen before going downstairs. There, you stop in a billiard room and the TV room with three televisions, so Elvis could watch the major networks

just like President Johnson. Proceed back up to view the Jungle Room, really just an animal-themed space. The public cannot visit the bedrooms on the second floor.

Tourists exit the rear and meander through Vernon's office (Elvis' Dad), who handled his business affairs, the stables, handball court, trophy room and memorabilia. The path leads to the graves of Elvis and his parents. By the time you get there, you have embraced the King. Before the renovation project, that was the end of the tour, but trust me, your experience is far from over.

By today's standards Graceland remains a lovely but dated home, indeed not an extravagant showplace. That's the thing, you do feel welcomed into Graceland as if Elvis himself were inviting you to sit and talk. It's his humbler side, and seeing it for yourself is memorable.

The Elvis Entertainment Complex: A bus shuttles you back to tour the Presley Motors Automobile Museum, The Entertainer Career Museum, and Elvis Discovery Exhibits. You'll discover the flamboyant entertainer who loved being on-stage. The cars displayed include, among others, the legendary pink



Photos courtesy Debi Lander Graceland



Costume displays

Cadillac, a 1975 Ferrari, 1973 Stutz Blackhawk and cars from his movies.

The costume displays show off the star's incomparable outfits, nearly all in the jumpsuit style with large jeweled belts and capes. Often a video of the concert plays in the background.

The space devoted to gold and platinum records and numerous awards truly overwhelms. The walls soar high overhead laden with glittering records and memorabilia. If you have energy left, you can tour Elvis' two airplanes. Plan on a full day to take everything in.

The collection strengthens the validity of Elvis' successful career and his impact on the entertainment community. Elvis lived the rags to riches American dream. I'm glad I went.

Visit www.bylandersea.com to read more of local travel writer Debi Lander's stories and travel tips.



ENHANCE

PSYCH, INC. *Ponte Vedra Beach*

EXPERIENCE THE JOY OF BECOMING YOUR BEST SELF!

RAJ LOUNGANI, MD, MPH

Board-Certified Child/Adolescent, Adult, & Sports Psychiatrist

☎ 904.473.4963

📍 Offices in PVB (Sawgrass & Nocatee) and San Marco, plus Tele-Psychiatry!

🌐 Enhancepsych.com



Special New Years Bingo

BRING A NEW GUEST
someone that has never come to Bingo previously and become eligible to win a Door Prize




February Bingo February 1st

GAMES START AT 7:00

DOORS OPEN 6:15 • Saturday, JANUARY 4

At the Corner of Old St. Augustine and Loretto Road

PLENTY OF LIGHTED PARKING AND SECURITY ON PREMISES. GREAT FOOD, DRINKS AND SNACKS. NO CHILDREN ALLOWED PER STATE LAW.

For More Information call Vinny Terlizzi at 904-742-8777 • vaterlizzi@gmail.com
4152 Loretto Road, Jacksonville, FL 32223

A New Year. A New Decade. The Time Is Now.

Starling Independent Living, Assisted Living, and Memory Care lifestyles provide just the right amount of care, attention, and luxury. Gourmet food, tailored fitness programs, and a full range of engaging programs and friends can make any life feel vital and exciting. No matter what you or your loved ones need, you'll find it at Starling at Nocatee or Starling at San Jose.

- Our Independent Living community in Nocatee provides the utmost luxury and resort-style amenities you've been looking for.
- Our Assisted Living lifestyle can preserve dignity while providing just the right amount of care.
- If your loved ones need more care for dementia-related illness, we offer love and attention in our safe Memory Care environment.

Campus Open House – 1/8 9-11 am

Starling at Nocatee Independent Living | 885 Crosswater Parkway, Ponte Vedra, FL
Starling at Nocatee Assisted Living & Memory Care | 999 Crosswater Parkway, Ponte Vedra, FL
904.372.1121 | StarlingAtNocatee.com | ALF#13109



STARLING

*Independent Living,
Assisted Living, & Memory Care*

Open House – 1/8 9-11 am | Winterfest – 1/23 6-8 pm

Starling at San Jose | 9075 San Jose Blvd. Jacksonville, FL
904.299.8478 | StarlingAtSanJose.com | ALF#12887

* Move in by 2-31-20 and freeze your rent until 4-1-2021. Starling at San Jose only.



Rent freeze until 4-1-2021 at Starling at San Jose*

THE FOLLOWING ADS HAVE NOT BEEN SCREENED BY THE SOUTHEASTERN ADVERTISING PUBLISHERS ASSOCIATION (SAPA); Therefore, any discrepancies thereof shall not be the responsibility of the aforementioned association. Your publisher has agreed to participate in this program and run these ads as a service to the Southeastern Advertising Publishers Association.

ADOPTIONS

Pregnant? Considering Adoption? We help with food, housing, medical, counseling, etc. You can relocate. Choose adoptive family for your baby. We're friendly, caring, completely confidential. Call 866-621-0933

Pregnant? Maybe Adoption? Living Expenses Paid. Nationwide Agency. Talk With Us 24/7 866-716-3041. Online Chat. Online Application. www.onetruegift.com. Text 515-778-2341. Not valid in FL, NM, & OR

AUTOMOBILES

A-1 DONATE YOUR CAR FOR BREAST CANCER! Help United Breast Foundation education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION 1-855-758-6966 (t)

CARS/TRUCKS WANTED!!! All vehicles 2000 and Newer! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-800-761-9396.

DONATE YOUR CAR FOR BREAST CANCER! Help United Breast Foundation education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION 1-844-513-9098 (m)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-855-972-5518 (m)

Donate your car, truck or van. Help veterans find jobs or start a business. Call Patriotic Hearts Foundation. Fast, FREE pick-up. Max tax-deduction. Operators are standing by! Call 1-833-909-0926 (Place Under Automobiles) (m)

AUCTIONS

Nice firearms auction, online only. Ends Dec 14. All FFL regs apply view catalog and bid @ https://tinyurl.com/vvx6rwn

BUSINESS SERVICES

COMPUTER ISSUES? FREE DIAGNOSIS by GEEKS ON SITE! Virus Removal, Data Recovery! 24/7 EMERGENCY \$20 OFF ANY SERVICE with coupon 42522! Restrictions apply. 844-315-8054

EDUCATION

AIRLINE MECHANIC TRAINING - Get FAA Technician certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 866-453-6204

Help Wanted. Paid Daily. No Experience Needed. Full Details Go To: www.BestEasyWork.com/bamidand

AVIATION CAREERS - Hands on training for career opportunities in aviation, manufacturing and more. Financial aid for qualified students. Job placement assistance. Call AIM 866-314-5838

FINANCIAL

Attention all homeowners in jeopardy of Foreclosure? We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The Call is absolutely free. 1-844-250-5850 (t)

Behind on your MORTGAGE? Denied a Loan Modification? Bank threatening foreclosure? CALL Homeowner Protection Services now! New laws are in effect that may help. Call Now 1-844-720-2118 (t)

CASH PAYOUT? 70 years old and kids are grown! Do you

need that life insurance or is a big life settlement cash payout smarter? Call Benefit Advance Now for more info. 1-866-251-2882 (t)

Have \$10K In Debt? Credit Cards, Medical Bills, Personal Loans. Be Debt Free in 24-48 Months. Call NATIONAL DEBT RELIEF! Know Your Options. Get a FREE debt relief quote: Call 1-877-316-7129 (m)

Unable to work due to injury or illness? Call Bill Gordon & Assoc., Social Security Disability Attorneys! FREE Evaluation. Local Attorneys Nationwide. 1-855-399-1237! (Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL., TX/NM Bar. (m)

FOR SALE

ENJOY 100% guaranteed, delivered-to-the-door Omaha Steaks! SAVE 68% PLUS get 4 FREE Burgers.

Order The Favorite Gift - ONLY \$69.99. 1-844-275-9596 mention code:59104VHC or visit www.omahasteaks.com/excellent25 (m)

Give the gift of delicious oranges fresh from the grove! Four unique varieties. Twenty delicious oranges. LIMITED TIME OFFER. Only \$19.99 (\$5.99 s/h per box). Call Hale Groves 1-844-284-8076. Mention item #487 and code HMVH-N204 or visit www.halegroves.com/A12206 (m)

Send a box full of winter sunshine this holiday season! Hand-picked. Mixed fruit medley. Satisfaction guaranteed. SAVE 20%! Only \$19.99. Free Shipping. Call Pittman & Davis 1-877-625-5042 and mention item #MXFM and code PMVH-N191 or visit www.pitmandavis.com/M10128 (m)

Send Fairytale Brownies - Over 25% off for the holidays! Christmas Brownie Bliss - 36 pc. Bite-size. Belgian chocolate. Six flavors. Only \$39.95 + FREE shipping. Order now, ship later! Call 1-855-838-6710 and ask for item CR436L or visit www.brownies.com/m97189 (m)

HEALTH & MEDICAL

Attention Viagra users: Generic 100 mg blue pills or Generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Guaranteed, no prescription necessary. Call 855-398-1878

HEARING AIDS!! Buy one/get one FREE! High-quality rechargeable Nano hearing aids priced 90% less than competitors. Nearly invisible! 60-day money back guarantee! 1-855-338-4981

Lung Cancer? Asbestos exposure in industrial, construction, manufacturing jobs, or military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email cancer@breakinginjurynews.com.

\$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

GENERIC VIAGRA and CIALIS! 100 Pills \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-889-5515

Attention Viagra users: Generic 100 mg blue pills or Generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Guaranteed, no prescription necessary. Call Today 1-855-594-6030 (t)

DENTAL INSURANCE from Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for [350] procedures. Call 1-855-404-2263 for details. www.dental50plus.com/cpf 6118-0219 (m)

Full Spectrum, CBD Rich Hemp Oil. Known to help reduce stress & anxiety, improve sleep, manage chronic pain. Lab Tested. USA Grown not Overseas. 100% Money Back Guarantee. Save Over 33% CALL

NOW: 1-855-408-7942 (m)

Lung Cancer? And Age 60+? You and Your Family May Be Entitled to Significant Cash Award. Call 1-855-635-9214 for Information. No Risk. No Money Out of Pocket. (t)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 855-397-7056 (m)

SAVE ON YOUR NEXT PRESCRIPTION! World Health Link. Price Match Guarantee! Prescriptions Required. CIPA Certified. Over 1500 medications available. CALL Today For A Free Price Quote. 1-844-751-4067 Call Now! (m)

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150. FREE shipping. Money back guaranteed! 1-855-457-9751 (t)

MISCELLANEOUS

SAVE YOUR HOME! Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowner's Relief Line now! FREE CONSULTATION 844-359-4330

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. FREE Installation. Call 1-855-419-7188 (some restrictions apply)

Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. No Risk. No Money Out Of Pocket. For Information Call 855-331-4660

ENERGY SAVING NEW WINDOWS! Beautify your home! Save on monthly energy bills with NEW WINDOWS from 1800Remodel! Up to 18 months no interest. Restrictions apply. Call Now 1-877-287-8229

AFFORDABLE NEW SIDING! Beautify your home! Save on monthly energy bills with beautiful NEW SIDING from 1800Remodel! Up to 18 months no interest. Restrictions apply Call Now 1-855-316-3015

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-855-781-1565

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off and 0% financing for those who qualify. PLUS Senior & Military Discounts. Call 1-855-402-0373

Two great new offers from AT&T Wireless! Ask how to get the Next Generation Samsung Galaxy S10e FREE. FREE iPhone with AT&T's Buy one, Give One. While supplies last! CALL 1-866-565-8452 or www.freephonesnow.com/cadnet

HEAR AGAIN! Try our hearing aid for just \$75 down and \$50 per month! Call 800-426-4212 and mention 88272 for a risk free trial! FREE SHIPPING!

Need IRS Relief \$10K - \$125K+. Get Fresh Start or Forgiveness . Call 1-888-856-8066 Monday through Friday 7AM-5PM PST

Need Help with Family Law? Can't Afford a \$5000 Retainer? Low Cost Legal Services- Pay As You Go- As low as \$750-\$1500- Get Legal Help Now! Call 1-855-982-0484 Mon-Fri 7am to 4pm PCT https://www.family-courtdirect.com/?network=1

MAKE A Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call now 1-888-909-9978 18+. SAPA

Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 844-791-6012 today. Free Consultation. No Risk.

Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-520-7938

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc., Social Security Disability Attorneys, 1-855-498-6323! FREE Consultations. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-877-626-2213

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-609-2189

Lung Cancer? Asbestos exposure in industrial, construction, manufacturing jobs, or military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email cancer@breakinginjurynews.com. \$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

DENTAL INSURANCE from Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for [350] procedures. Call 1-877-308-2834 for details. www.dental50plus.com/cadnet 6118-0219

Attention all Homeowners in jeopardy of Foreclosure? We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The Call is absolutely free. 1-855-516-6641.

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off and 0% financing for those who qualify. PLUS Senior & Military Discounts. Call 1-855-402-0373

Two great new offers from AT&T Wireless! Ask how to get the Next Generation Samsung Galaxy S10e FREE. FREE iPhone with AT&T's Buy one, Give One. While supplies last! CALL 1-866-565-8452 or www.freephonesnow.com/cadnet

\$\$\$OLD GUITARS & AMPS WANTED\$\$\$ GIBSON · FENDER · MARTIN. ALL BRANDS. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277

HEAR AGAIN! Try our hearing aid for just \$75 down and \$50 per month! Call 800-426-4212 and mention 88272 for a risk free trial! FREE SHIPPING!

Cross country Moving, Long distance Moving Company, out of state move \$799 Long Distance Movers. Get Free quote on your Long distance move. 1-844-452-1706

Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-855-404-2366

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-855-781-1565 or satellitedealnow.com/cadnet

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. FREE Installation. Call 1-855-837-9146

AFFORDABLE NEW SIDING! Beautify your home! Save on monthly energy bills with

beautiful NEW SIDING from 1800Remodel! Up to 18 months no interest. Restrictions apply 1-855-361-3532 (Place Under Home Improvement) (t)

AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-866-301-7156. (m)

Become a published author! Publications sold at all major secular & specialty Christian bookstores. CALL Christian Faith Publishing for your FREE author submission kit. 1-844-293-6611 (m)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920. Book manuscript submissions currently being reviewed. Call for Free Author's Guide 1-844-218-1247. http://dorranceinfo.com/florida (m)

Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-888-978-5198 (t)

Cross Country Moving, Long distance Moving Company, out of state move. \$799 Long Distance Movers. Get Free quote on your Long distance move 1-877-828-2789 (t)

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. FREE Installation. Call 1-855-895-7245 (some restrictions apply) (m)

DISH TV \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-855-340-3064 (t)

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-877-929-1176 (m)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off and 0% financing for those who qualify. PLUS Senior & Military Discounts. Call 1-866-287-4769 (m)

GET A \$250 AT&T VISA? REWARD CARD WHEN YOU BUY A SMARTPHONE ON AT&T NEXT! Limited Time Offer. More For Your Thing. (*Req's well-qualified credit. Limits & restr's apply.) Call Now! 1-8668457080 or visit www.250reward.com/CPF (m)

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-877-808-9508 (m)

Get Your Medical Marijuana Card. Stop in for a sample of CBD Bud. Stop taking dangerous pain and Anxiety Pills with Toxic side effects. 1-833-420-0421

Have an idea for an invention/new product? We help everyday inventors try to patent and submit their ideas to companies! Call InventHelp®, FREE INFORMATION! 1-855-548-5956 (t)

HughesNet Satellite Internet - 25Mbps starting at \$49.99/mo! Get More Data FREE Off-Peak Data. FAST download speeds. WiFi built in! FREE Standard Installation for lease customers! Limited Time, Call 1-855-485-4101 (m)

Looking for self storage units? We have them! Self Storage offers clean and affordable storage to fit any need. Reserve today! 1-888-490-8091 (t)

Need IRS Relief \$10K - \$125K+ Get Fresh Start or Forgiveness. Call 1-844-711-3057 Monday through Friday 7AM-5PM PST (t)

Two great new offers from AT&T Wireless! Ask how to get the Next Generation Samsung Galaxy S10e FREE. FREE iPhone with AT&T's Buy one, Give One. While supplies last! CALL 1-8668457080 or www.freephonesnow.com/CPF (m)

We have Clinics STATEWIDE. Medical Marijuana Clinics, call today! Call 1-833-420-0421

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-855-836-8564 (m)

COMPUTER ISSUES? Free Diagnosis by Geeks On Site! Virus Removal, Data Recovery! 24/7 Emergency Service, In-home repair/On-line solutions. \$20 OFF. 1-855-993-4172 (t)

Need Help with Family Law? Can't Afford a \$5000 Retainer? https://www.family-courtdirect.com/?network=1 Low Cost Legal Services - Pay As You Go - As low as \$750-\$1500 - Get Legal Help Now! Call 1-844-415-4092 Mon-Fri 7am to 4pm PST (t)

Make a Connection. Real People, Flirty Chat. Meet Singles right now! Call LiveLinks. Try it FREE. Call NOW: 855-334-7726

REAL ESTATE

Behind on your MORTGAGE? Denied a Loan Modification? Bank threatening foreclosure? CALL Homeowner Protection Services now! New laws are in effect that may help. Call Now 1-866-214-4534

SATELLITE TV

HughesNet - Finally, super-fast internet no matter where you live. 25 Mbps just \$59.99/mo! Unlimited Data is Here. Stream Video. Bundle TV & Internet. Free Installation. Call 866-520-1640

\$59.99/month Directv Special. 155+ Channels, HBO for 12 months and 3 months of Premium Movie Channels! Whole Home GENIE HD DVR! Call Now! 877-221-8427

DISH TV - Over 190 Channels Now ONLY \$59.99/mo! 2yr price guarantee, FREE Installation! Save HUN-



Advertise.
Inspire. Sell.

DREDS over Cable and DIRECTV. Add Internet as low as \$14.95/mo! 1-855-977-7405

Orlando + Daytona Beach Florida Vacation! Enjoy 7 Days and 6 Nights with Hertz, Enterprise or Alamo Car Rental Included - Only \$298.00. 12 months to use. Call Now! 1-866-494-3020 (24/7).

WANTED TO BUY

CASH FOR CARS! We buy all cars! Junk, high-end, totaled - it doesn't matter! Get free towing and same day cash! NEWER MODELS too! Call 1-866-508-8362.

CARS/TRUCKS WANTED!!! All Makes/Models 2002-2018! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

Reader Advisory: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.

ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFFA at danielburnett-iffa@live.com or visit our website cadnetads.com for more information

AM AIRLINE CAREERS

Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly.

Call Aviation Institute of Maintenance
800-481-7894

Lung Cancer?
Asbestos exposure in industrial, construction, manufacturing jobs, or the military may be the cause. Family in the home were also exposed.
Call 1-866-795-3684 or email **cancer@breakinginjurynews.com.**
\$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

EVERY LIVE GAME EVERY SUNDAY

Undisputed leader in sports with exclusive NFL SUNDAY TICKET.

iv Support Holdings LLC
855-781-1565

AT&T Preferred Dealer

© 2019 NFL. All rights reserved. "NFL SUNDAY TICKET" and its respective logo are registered trademarks of the National Football League and its affiliates. Team names, logos and uniform designs are registered trademarks of their respective owners. NFL, NFL logos, © 2019 NFL Intellectual Property. All Rights Reserved. AT&T, Cable TV, DIRECTV and all other DIRECTV marks contained herein are trademarks of AT&T Intellectual Property and/or AT&T affiliated companies. All other marks are the property of their respective owners.

Water Problems?

CALL TODAY FOR STRAIGHT ANSWERS, NO HIGH PRESSURE!

• Residential • Commercial • Industrial

"We carry a complete line of Water Treatment Systems to meet your needs and your budget!"

FREE WATER TESTING

Ask Us About Salt Delivery Or Rental Systems

• REMOVE •

Iron • Bacteria • Sulfur • Salts • Color • Lead • Hardness And Odor





AFFORDABLE WATER

CONDITIONING • SOFTENING • PURIFICATION

Family Owned and Operated since 1989

License #W-32

3760 Kori Road • 904-262-0197 • www.affordablewaterjax.com



WESTMINSTER ST. AUGUSTINE

WE'RE HERE WHEN YOU NEED US

Discover senior living at beautiful World Golf Village with Westminster St. Augustine. Our community offers active, independent living, plus assisted living and nursing care to meet life's changing needs. Residents enjoy access to beautiful campus amenities and services like dining, housekeeping and transportation. For those who need more support, assisted living offers the assurance of 24/7 support and services like medication management and assistance with daily living activities, in spacious apartments set amidst serene forest preserves. A select number of these assisted living residences are now available! We can also get you back to doing the things you love with short-term skilled nursing and rehabilitation.

Learn how we can help you or your loved ones today!
Call us at (877) 271-1417.



Westminster St. Augustine

Live Well. Be Happy.

235 Towerview Drive | St. Augustine, FL 

Active Living | Assisted Living | Skilled Nursing | Rehabilitation

Gardening

New Year, New Hopes

By Master Gardener Volunteer Lesley Arrandale
 mail@floridanewsline.com

As I write in early December, thankfully both temperatures and humidity have mellowed, although we may still be in for warmer days since this is Florida. My vegetables are coming along nicely, with few insects to trouble them. Fruits of some of our berry-bearing trees and shrubs are still maturing, and will be ready for the birds through the winter, while acorns and hickory nuts are keeping the squirrels busy.

A surprise appearance in my yard is a flower spike from my *Agave americana* (century plant). It is currently about 15 feet tall with potential to grow taller — although the cooler weather will likely limit growth — and it is proving to be a honey bee magnet. One high-up flower cluster is infested with black aphids, which a tiny warbler has been enjoying. As the weather cools and days shorten, any nectar-bearing flowers are a gift for pollinators. Sweet alyssum (*Lobularia maritima*), violas like Johnny jump-up (*Viola tricolor*) and pansies (*Viola x Wittrockiana*) are welcome additions, brightening up containers or borders. The weather is mild enough for my clump of firespike (*Odontonema cuspidatum*) to continue flowering.

January and February are usually the colder months of the year, when live oaks shed their leaves for weeks and we rake and gather them for mulch or to compost. If you have more leaves than you need for mulch, share them with a gardening neighbor, add them to a mixed compost pile, or simply heap them in a back corner of your yard to slowly break down into leaf mold over the coming year. It is an ideal soil conditioner for both sandy and heavy soils. If this doesn't work for you, be glad that the city will compost them for us.

While it may be your inclination to keep a tidy yard, trimming back seed heads can deprive birds of winter food. As perennials and grasses fade, I see them

with a different eye: the low winter sun backlights plants quite dramatically and chopped off stems are less than elegant. More practically, the shelter provided by fading foliage can insulate plants and overwintering insects from the cold, and often those insects are beneficial; ideally we should wait for spring before we cut them back. Leaving plants untrimmed till spring when they show signs of growth also ensures that we don't trim more than necessary.

Perennials can be wonderful plants that keep on giving. Along with a framework of deciduous and evergreen shrubs, and perhaps a few disease resistant roses, they can provide color throughout the year in a classic mixed border ("Bourbon," "China," "Bermuda," "Tea" — not hybrid tea — and shrub roses usually require the least care). For a description of reliable perennials for our area, check out <https://edis.ifas.ufl.edu/mg035>. Why settle for a boring hedge to screen that chain link fence when a mixed border could be so much more attractive? By choosing appropriate plants, in any situation, you could avoid regular pruning and just tidy the border as needed.

Last year I sowed runner (climbing) beans too late in the spring to get a good crop, which was foolish. It really helps to check the Florida Vegetable Gardeners Guide (<http://edis.ifas.ufl.edu/vh021>). The North Florida Gardening Calendar (<https://edis.ifas.ufl.edu/ep451>) is very useful for general gardening tips and includes links to sources for more specific information as well, all from the trusted University of Florida website. You can always find the latest edition of A New Leaf here: <http://sfyl.ifas.ufl.edu/duval/lawns-gardens-and-trees/new-leaf-newsletter/>. To be added to the mailing list, contact Sarah Freeman at (904) 255-7450 or SFreeman@coj.net.

Happy New Year!



Mark Spivak's

Institute & Dance Extension

Ballet • Pointe • Character • Jazz • Modern • Lyrical • Contemporary • Hip-Hop
 Tap • Preschool Programs • Private Classes • Birthday Parties

All ages: Morning ~ Afternoon ~ Night

New students are welcome!
It's not too late to join!

Morning, Afternoon and Evening Classes Available



Classes Resume January 6, 2020

Julington Creek 230-7778
106 Julington Plaza Dr.

Mandarin 268-3583
3740 San Jose Place

Fruit Cove 287-4619
774 N. SR 13

\$10 OFF
 Registration Fee
 (with this ad)
 new students only



Tumbling • Gymnastics - Age 3 and up
 • Cheer Prep age 7 to 12
 • Ninja Warrior - Adaptive Gymnastics
 • Open Gym Fridays • Birthday Parties

New students are welcome!
It's not too late to join!

Morning, Afternoon and Evening Classes Available



Julington Creek 230-6291
106 Julington Plaza Dr.

Fruit Cove 230-0408
774 N. SR 13

Fishing

Capt. David's Fishing Report

By Captain David Lifka
mail@floridanewline.com

With a brand-new year comes the start of a brand-new fishing season. The first couple of months of the year are probably the “iffiest” months of the entire fishing season. Area fishing can be very good at times, but good days are usually spotty and hard to predict.

However, there’s one type of fishing that comes to its peak during these colder, windier, and not so pretty days. January and February are the months when speckled perch fishing (sometimes known as crappie) is at its finest.

Arguably, speckled perch are one of the best tasting freshwater species of fish found in North Florida’s rivers, creeks, and lakes. Using a live minnow tipped 1/64 oz. jig or a beetle spin lure, slowly troll or drift your bait through the various depths of the water you are fishing. Once locating a bite, continue to drift or troll across that same area of water till the bite stops.

Lightweight speckled perch rods and reels are available just for speckled perch fishing. Often multiple rods are used at once with different color jigs or lures to help find a dominant bite producing color. Averaging a pound

to two pounds per fish, it should not take long to have a meal once you have located the fish.

So far, this winter has started off much like last year. Mild temperatures with little rain has helped maintain some decent local fishing. With a few shrimp still hanging around in the river, croaker, yellowmouth, and reds can still be caught from Orange Park and northward. At the beach, there’s still been a whiting bite and prettier and calmer days — all of which is worth a try just to get out of the house and enjoy a day outdoors.

Fishing Report: Speckled perch (crappie) will be at its best right after a full moon: Jan. 10 and Feb. 9. Trout, Julington, Cunningham, and Black creeks are very good local creeks to give a try. Nearby lakes (within a couple hours or less) Crescent, Dead, Woodruff, Monroe, George, and Sante Fe are all well known for quality speckled perch fishing.

Whether you catch one, some, or none, the family time spent fishing will last a lifetime.

Eat healthier cont. from pg.12

that diets rich in fruits and veggies can help people control their weight and may even reduce their risk for certain diseases, including cancer.

3. Kick added sugars to the curb. Avoiding added sugars is another way anyone, regardless of their food preferences, can eat healthier every day. Healthy foods such as fruit contain natural sugars, and these don’t pose a threat to overall health; however, added sugars, which the Harvard Medical School notes are found in many foods and can include honey, molasses and corn syrup, can increase a person’s risk

for various conditions and diseases, including obesity, heart disease and diabetes. Fruit contains fiber that slows the absorption of natural sugars, but the body digests added sugars much more quickly, leading to an uptick in blood sugar levels that can ultimately contribute to diabetes. Added sugars can be found in a host of foods and beverages, including some that aren’t generally considered unhealthy, like bread, certain breakfast cereals and pasta sauces. When shopping, consumers should read nutrition labels and avoid products with excessive amounts of sugar.



get more.
GROW MORE.

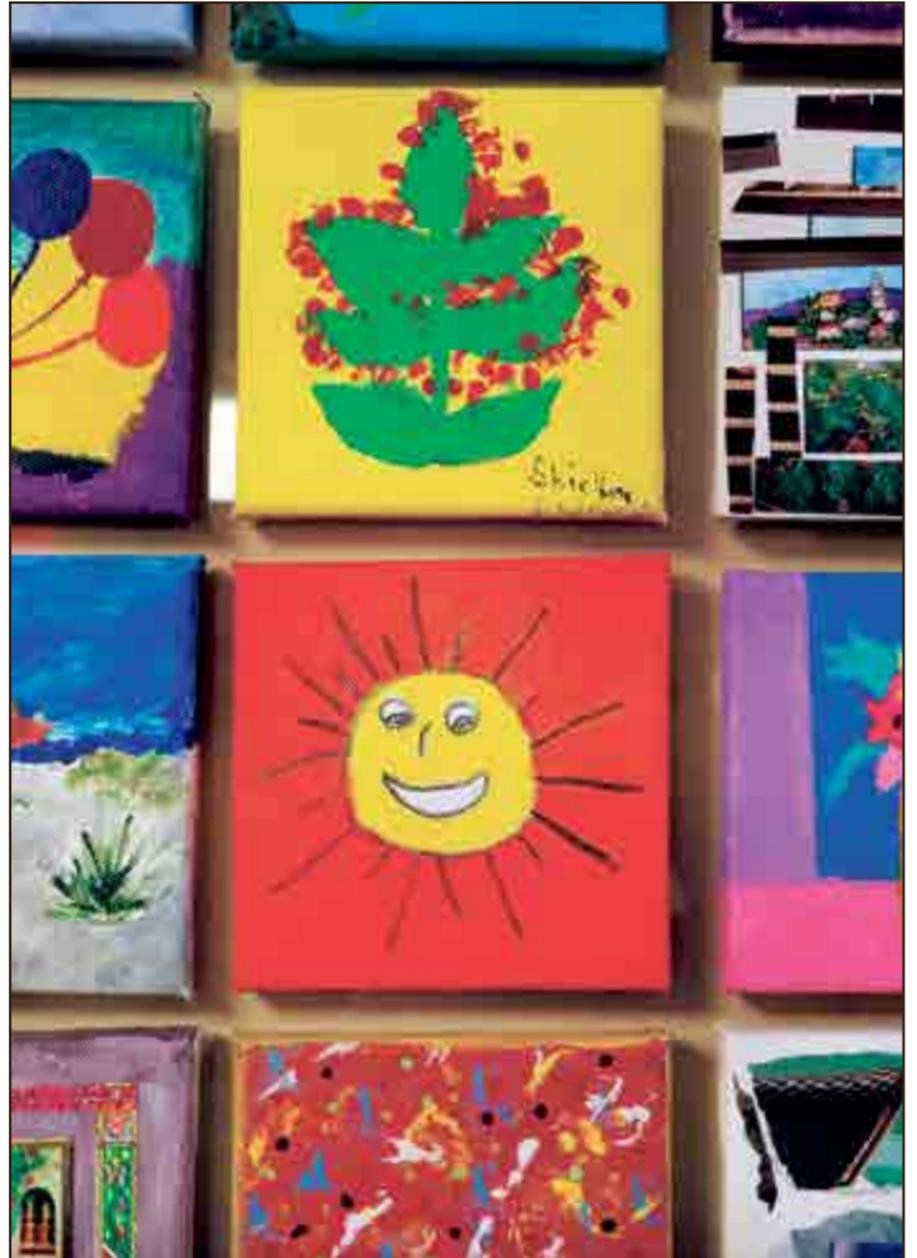
Home Financing Made Simple

FLEXIBLE FINANCING SOLUTIONS • REFINANCE CASH OUT FOR HOME IMPROVEMENTS OR DEBT CONSOLIDATION

alive
CREDIT UNION®

START BANKING HEALTHIER TODAY!
ALIVECU.COOP • 904.296.1292

Membership eligibility required. All loans subject to credit approval. Closing costs waived include title search, flood certification and recording fees up to \$5,000 or 1% of the loan amount, whichever is less. Offer is subject to change without notice. See representative for full details. Federally Insured by NCUA. Equal Housing Lender. NMLS# 422880



The intergenerational art wall in the Price Welcome Center at River Garden represents the love of residents, families, friends, staff and volunteers.

LIFE EXPERIENCE(D)

River Garden has cared for generations.

There’s more than one reason families choose to experience life at River Garden. From a highly rated continuum of senior care to community events and Jewish life activities, River Garden has created a 73-year legacy of excellence. However and whenever you need us, we’ll be here.



2018 RECIPIENT OF THE JOINT COMMISSION GOLD SEAL OF APPROVAL® FOR NURSING CARE CENTER ACCREDITATION AND POST-ACUTE CARE CERTIFICATION



RiverGarden.org | (904) 260-1818

- Short-Stay Skilled Nursing & Rehabilitation
- Long-Term Nursing & Memory Care
- Adult Day Program | Outpatient Therapy
- Home Health Care | Independent Living

Our team of Board-certified urologists will deliver outcomes that will ensure confidence and wellness.




ACKERMAN UROLOGY
Men's Health & Vitality

We are proud to offer you access to a number of the most innovative and compassionate urology services available. From common urological problems to the most complex cases, Ackerman Urology will provide you with personalized, highly effective care in a welcoming, patient-focused environment.

MAKE AN APPOINTMENT TODAY
904.490.7400 | ACKERMANUROLOGY.COM

We are committed to giving you the best potential for a cure.
We are focused on you, your story and your future.



Located in the Heart of Mandarin



ACKERMAN
CANCER CENTER

IMRT, VMAT and Targeted Proton Therapy



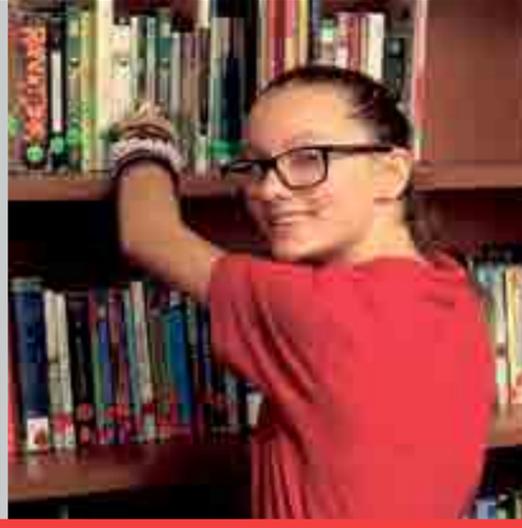
TUITION FREE
PUBLIC CHARTER SCHOOL



RIVER CITY SCIENCE ACADEMY
MANDARIN

NOW ENROLLING K-8
FOR 2020-2021 SCHOOL YEAR
Open House - 1 PM
January 25th





HIGH PERFORMING SCHOOL
FLORIDA DEPARTMENT OF **EDUCATION**
fldoe.org



River City Science Academy Mandarin

- STEM Focused "A" rated school by Florida Department of Education.
- After school tutoring & clubs with low or no cost to parents.
- Strong focus on rigor, advanced classes, and gifted services
- Class updates through easy and quick parent communication app.
- Florida DOE certified instructors with continuous professional development.

10911 Old St. Augustine Rd, Jacksonville, FL 32257 Ph: (904) 855-8010 ext.4



Apply online at www.rivercityscience.org/mandarin **Limited Space Available**