page 3 BFF Best Furry Friend





page 8 Get To Know ...





North Shores Improvement Board members Cathy Aissen, Fran Windeler, Tracy Russell, Dawn Boston, Jean Miller and Sacha Martin presented a check for \$5,000 to Traci Anderson, Executive Director of Advancement at the Florida School for the Deaf and the Blind for its Endowment Fund.

Donation made to Florida School for Deaf and Blind

By NewsLine Staff mail@floridanewsline.com

Celebrating community partnership with the Florida School for the Deaf and the Blind, the North Shores Improvement Association shared proceeds of their annual 5K and 10K Vilano Bridge Run with the school. The 10K run passes through school grounds.

The \$5,000 donation to their Endowment Fund will be available for value-added, non-academic programs encouraging skill sets, socialization, and entrepreneurship.

Donation cont. on pg. 9

**********ECRWSSEDDM**** Florida NewsLine 450 State Road 13 North Suite 106 PMB 101 St. Johns, FL 32259

Residential Customer

Delivering Hope to Seniors: Nourishing the body and mind

By Tiffany Merlo Phelps mail@floridanewsline.com

Phyllis Wood has been volunteering to deliver fresh produce to low-income seniors in St. Johns County for seven years, a position that she feels privileged to hold with Pie in the Sky Community Alliance.

Wood, also a board member, said the non-profit delivers much more than food to seniors, oftentimes with volunteers providing the only human interaction a senior will have that week. The group of 100 volunteers (some seasonal) cover 36 different routes throughout St. Johns County, serving 520 seniors. Each month, four tons of produce is purchased for the program.

"We are feeding the hunger of the heart," said Wood. "A lot of these seniors are very isolated and cannot get to the grocery store. Our volunteers get to know everything about the person they are delivering to, and we take care of our seniors."

Pie in the Sky founder Malea Guiriba



Teri Bachus, Pie in the Sky Community Alliance board member delivering food to a senior.

said the group, now in its 13th year, places just as much importance on visiting with seniors as they do with providing quality produce. Above all, the St. Augustine-based group operates without any constraints.

"We don't take any federal, state, or county dollars. I don't want to be told what to do. We make our own rules as we go while serving our core mission," said Guiriba. "If we can help or make

a connection, we will do it. We will get food to someone that day if necessary." Over the years, Pie in the Sky has met a variety of community needs. The group has built wheelchair ramps, given people bus tickets home, operated a food pantry where 1.5 million pounds of

food was given away and helped people get dentures, medical care, and cancer treatments. They have also helped young mothers purchase baby food and diapers, repaired the homes of seniors and given socks, boots and gloves to farmworkers. From all that community interaction, the need for a mobile food pantry for seniors emerged with a focus on getting healthy fresh produce to homebound folks.

When Wood and Guiriba met with St. Johns County Council on Aging, there

Hope cont. on pa. 2



Photos courtesy Malea Guiriba Halloween event for Pie in the Sky Community Alliance.



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LAUREN ABELL

FOR ST. JOHNS COUNTY SCHOOL **BOARD DISTRICT 3.**

Hope cont. from pg. 1

were 300 seniors on a waiting list for Meals on Wheels; these were people who could in fact cook or had someone who would do the cooking if they had fresh food. For Wood and Guiriba, this was an exciting moment because they both had the same idea — "veggies on wheels." They began with 11 clients, and in six months' time, they had 100. The number jumped to 200 by the next year.

According to Baptist Health, more than 27,000 seniors in Northeast Florida live below the poverty line. Wood said that the mean income for most of the seniors enrolled in the Pie in Sky mobile food pantry is \$1,083 a month with most of their money going to housing expenses.

"We know there are over 6,000 seniors

who are food insecure," said Wood, pointing out that St. Johns County is the richest county in the state. "We will keep working. We always look for a way to say yes."

Wood said she has remained with Pie in the Sky (which did in fact make pies in the beginning) because the non-profit stays flexible and versatile.

"Some non-profits only know how to do one thing. Pie in the Sky has always had the ability and foresight to switch gears when necessary. The overriding goal is feeding food to those who need it," said Wood.

Guiriba said seniors are the most vulnerable part of the community and the least likely to reach out.

"This is the unseen part of hunger," said Guiriba. "A lot of these seniors



Photos courtesy Malea Guinba
Pie in the Sky Community Alliance members at Cobblestone Shopping Plaza, where volunteers assembled food prior to having a physical building.

have a fear of living and not having enough."

Guiriba said she visited one 85-year-old woman who was living in a dilapidated trailer, paying \$800 a month in rent. She noticed that all she had in her refrigerator was ketchup, pickles, and an opened can of tuna fish with tin foil covering it; however, the woman was most interested in just talking to Guiriba for 30 minutes.

"This example lets you know that it is about so much more than food," she said. "This is one of the things that drives us."

Guiriba credits her "working" board of directors and volunteers with maintaining the integrity of the program.

"Quality of service is paramount to us," she said.

Guiriba added that the Delores Barr Weaver Legacy Fund recently made a generous donation to help grow and expand services in St. Johns County. With the donation, Weaver also issued a challenge grant. For every dollar donated from a new donor or current donor who increases their gift, the grant will match those dollars, she said. The goal is to raise \$25,000 (to be matched) before May 2023 which would allow for the purchase of more than 57,000 pounds of fresh produce.

[Author's Note: It costs \$262.50 for one year of deliveries to one senior with no cost to the senior. For more information or to donate to Pie in the Sky Community Alliance, visit pieintheskystjohns.org.]



Photos courtesy Malea Guiriba
Pie in the Sky Community Alliance when it first started off in Hastings.

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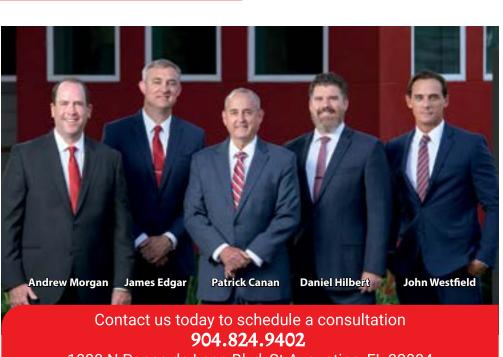
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PaperChain



Best Furry Friend of the month

Breed:

Australian shepherd

Favorite activity:

Going for walks

Favorite treat:

Yak cheese stick

Favorite friends:

Angus and Sherlock, our neighbors' Golden-doodles

How your BFF got his name: Dark brown and white coat, like a well-known cookie!

Meet Oreo!



Do you have a cute pet? Send us your pet's picture and the answer to the five questions above before the 10th of the month. Also tell us you saw the BFF contest in St. Augustine NewsLine. Your pet could be our BFF of the month and appear in St. Augustine NewsLine! Email editor@floridanewsline.com to enter your pet.



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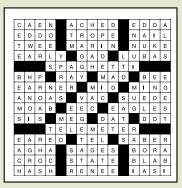
MYSTERY PHOTO



Can you guess where this is? Submit your answer to: mail@FloridaNewsLine.com.

Last month's **Mystery Photo** was the side of Meehan's Irish Pub.



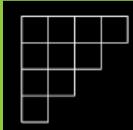


Answers

PG9



Puzzles











New classes starting soon.

FCTC.edu

October 18

Community Calendar What's Happening in St. Augustine

Tuesday Movie Night featuring "Where the Crawdads Sing" will be held at the Southeast Branch of the St. Johns County Public Library, 6670 US Highway 1 South, on Oct. 4 beginning at 5:30 p.m. Registration at sjcpls.org is required for these events.

5th: Family Storytime, an in person event designed for

kids aged two to four and featuring music and stories, will be held from 11:15 a.m. – 11:45 a.m. on Oct. 5. RSVP required for each child and adult attending. Call (904) 827-6940 for more information.

7th: "Should You Ever Put Someone Else's Name on Your

Deed?" will be presented by St. Johns County Legal Aid's Megan Wall, Managing Attorney on Friday, Oct. 7 at 10 a.m. at COA's River House, 179 Marine Street in St. Augustine. Contact (904) 209-3655 or tharris@ stjohnscoa.com for more information.

8th: The Northeast Florida Chapter of Sisters in Crime will

meet on Oct. 8 at the Ponte Vedra Beach Branch Library, 101 Library Blvd. (FOL Room). Doors open at 10 a.m. and the meeting starts at 10:15 a.m. The guest speaker is John Boles, award-winning writer, editor, and former owner of an interactive live murder mystery production company. Bring your coffee and bring a friend. The group welcomes misters and sisters to learn more about writing, promoting, and enjoying crime fiction. Visit www.nefloridasistersincrime.org for more information.

10th:Romp and Rhyme Storytime will be held at the Southeast Branch of the St. Johns County Public Library, 6670 US Highway 1 South, on Mondays, Ot. 10, Oct. 17, Oct. 24 at 10:30 a.m. Sing songs, dance with scarves, bounce along to rhymes, and read interactive stories to begin your little one's lifetime love of reading.

10th:The St. Johns County
Civic Roundtable will meet on
Monday, Oct. 10 at 12 p.m. at St. Augustine
Waterworks building, 184 San Marco Ave.
in St. Augustine. The meeting will feature
guest speaker Henry, Dean, St. Johns County
Board of County Commissioners Chairman
from District 5. Email info@sjcroundtable.
org to register for the meeting or visit www.
sjcroundtable.org for more information
about the St. Johns County Civic Roundtable.

11th:AAUW St. Augustine Branch
will hold a branch general meeting at 12:30 p.m. on Oct. 11 at the St. Johns
County Main Library, 1960 N. Ponce de Leon
Blvd. in St. Augustine. Carolyn Wilson, AAUW
St. Augustine Branch member, will discuss
"Diversity, Equity and Inclusion" as promoted
by the AAUW national organization to main-

tain a sustainable and inclusive membership reflective of today's world. Contact Maxine Burns at mmmburns@yahoo.com for more information.

13th:Introduction to Calligraphy class will be held at COA's River House, 179 Marine Street in St. Augustine on Thursdays from 11 a.m. – 12:30 p.m. for three weeks beginning Thursday, Oct. 13. Registration required. Contact (904) 209-3655 or tharris@stjohnscoa.com for more information.

Tales, "It Was a Dark and Stormy Night" on Oct. 18 at 7:30 p.m. at the Limelight Theatre, 11 Old Mission Avenue. Admission is \$10 and group rates are available. Tale Tellers of St. Augustine is a Storytelling guild practicing and encouraging the art of storytelling and will celebrate its 30th anniversary in January 2023. Visit www.taletellers.org for more information.

22nd: Eden "Field" Day, a family-friendly benefit fundraiser for Jessie Edenfield will be held on Saturday, Oct. 22 from 12 p.m. – 4 p.m. at Alan Roberts Ranch, 4175 FL-16 in St. Augustine. Admission is free; children's activities and games as well as meal vouchers are available for a charge. Visit www.strong4jessie. com for more information.

22nd:GTM Research Reserve will host its monthly Beach Cleanup on Saturday, Oct. 22 from 9:30 a.m. – 11:30 a.m. No registration is required; meet at the Visitor Center, 505 Guana River Road in Ponte Vedra Beach where gloves and trash bags will be provided. Visit gtmnerr.org for more information.

25th: The Green Book in St. Augustine, with Regina Gayle Phillips, executive director for the Lincoln-ville Museum and Cultural Center. The event will be held at The Waterworks next to the Main Library, 1960 N. US Highway 1 South, from 1 p.m. – 2 p.m. on Tuesday, Oct. 25. This program is sponsored by the Friends of the Main Library and is free and open to the public. More information is available at www. sicpls.org.

27th: Not So Spooky Bedtime Storytime will be held on Oct, 27 at the Southeast Branch of the St. Johns County Public Library, 6670 US Highway 1 South beginning at 6:30 p.m. Register at www.sjcpls. org or call the library at (904) 824-6900.

Have an event you'd like included in our community calendar? Email the information to editor@floridanewsline.com. Deadline is the 10th of the month for the next month's issue.

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Briefs

Mentors needed for St. Johns County schools

The St. Johns County School District is looking for volunteers who have a bit of time, a listening ear, and an encouraging word to help a student become successful in school and in life. Research shows that students who consistently meet with mentors have increased attendance. decreased disruptive behavior, and/or increased academic achievement. Mentors assist in a school setting and meet with a student approximately once per week.

Orientation for those interested in mentoring will take place on Oct. 5 from 9 a.m. - 11:30 a.m. at the Fullerwood Center Auditorium, 10 Hildreth Drive, in St Augustine. Contact (904) 547- 3952 or email Cheryl_Freeman@ stjohns.k12.fl.us if you are interested in taking part.

First Coast Opera opens 23rd season with Bon Appetit!

An operetta about Julia Child, with dinner and servings of chocolate cake? First Coast Opera announces its 23rd season of live opera in northeast Florida. Based in St. Augustine, the season will open with Bon Appetit! on Oct. 7 - 8 at Celebration Hall at St. Anastasia, 5205 A1A South, St. Augustine Beach.

The dinner-opera event will be catered by La Cocina International restaurant, featuring performances of Bizet's comic Le Docteur Miracle and Lee Hoiby's operatic depiction of Julia Child making a chocolate cake in Bon Appetit! The evening will include a special treat from Crème de la Cocoa. Performances will take place from 5 p.m. – 9 p.m. each night.

Enhanced tickets with a VIP Reception are \$125, with champagne and meet the artists; general admission tickets are \$75; and student tickets are \$50. All tickets include the catered meal and performance. Tickets are available at firstcoastopera.com.

Fundraising event for women veterans scheduled

Hope4Veterans will host a gala/fundraising event on Nov. 4 from 5 p.m. to 11 p.m. at Kelly Farms, 5895 County Road 214, St. Augustine. The event, 2nd Hear HER Voice, Hear Our Voices, was created to spread awareness about the struggles of women veterans and their families. In addition, funds are being

raised to help these military families in the community with hardships.

If you wish to become a sponsor, donate silent auction items, or support military women, email lgeiser@hope4veterans. org. To register for 2nd Hear HER Voice, Hear Our Voices, go to www. Hope4veterans.org.

Local family delivers food to more than 150 homes in St. Johns County

One year ago, a local couple, Debra and Bill Logeson, began volunteering for Care Connect+, a program of Flagler Health+, and in that time, they have delivered food to more than 150 homes. This milestone was recently celebrated with gas cards given to the Logeson family, donated by Jimmy Jam Community Outreach. With St. Johns county continuing to grow and the need for food increasing, Care Connect+ is looking for more food delivery drivers to join the Logeson family in their efforts.

"Through this food delivery service, I have learned so much about the community. With St. Johns County being the fastest growing county in Florida and all the tourists that come to the area, it's hard to realize families are struggling," said Bill Logeson. "You can throw a rock from any building in the area and hit a community that needs help."

Care Connect+ started the food delivery program in early 2020 when they recognized the increased community need due to the COVID-19 pandemic. Through volunteer drivers, like the Logeson family, and Epic-Cure, a group of volunteers dedicated to eliminating food waste and ending hunger, Care Connect+ was able to start screening individuals for their needs and determine if they were eligible to be put on a list for food delivery. The program has since continued to grow, meaning more delivery drivers are needed.

The food delivery schedule is released every Monday, and then the food delivery is every Thursday. Volunteers will receive the list of addresses that morning, stop by Epic-Cure to pick up the bags of food, then deliver them to each home.

Visit CareConnectVolunteers.com or email Jennifer.Wills@FlaglerHealth.org to learn more about becoming a food delivery driver for Care Connect+.

United Way of St. Johns County announces new president

Mark D. LeMaire has been named President and Chief Executive Officer of United Way of St. Johns County, serving St. Johns and Putnam counties.

"I am pleased to announce the selection of Mark LeMaire as United Way-SJC CEO," said Board Chair Joe Pickens. "Mark's extensive nonprofit experience combined with his familiarity with both St. Johns and Putnam counties make him the ideal person to lead our organization. When you have a perfect fit, you don't just think it, you feel it too. That was the unanimous sentiment of the search committee."

Among many other achievements, while serving at United Way, LeMaire led the organization's planned giving effort, secured new planned giving commitments, stewarded the organization's annual community investments and volunteer center, built a neighborhood focused funding initiative, oversaw \$6M annual budget and developed and implemented an online grant application process.

LeMaire has a M.A. degree in Sociology from the University of South Florida, a B.A. degree from Southeastern University and over 20 years of nonprofit expe-

Briefs cont. on pg. 9





Elect Jim Springfield

St. Augustine City Commission Seat 5

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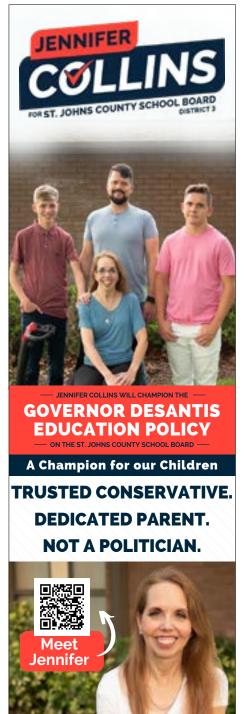
Guest Column

General Election FAQs

By Vicky Oakes, St. Johns County Supervisor

With a successful 2022 Primary Election officially in the record books, the Supervisor of Elections Office is looking forward to and planning for the November General Election. This is a great time to make sure you are Election Ready and prepared to head to the polls on Nov. 8. It's also a good time for me to answer some frequently asked elections questions:

Is it too late to register for the November 8th General Election?



No! The deadline is Oct. 11, 2022, so you still have time to register to vote or update your address.

What is the easiest way to register to

The State of Florida offers online voter registration, which can be accessed through our website at www.votesjc. gov. Look for the "Register to Vote" quick link on the front page. You will need a Florida Driver License and the last four digits of your social security number to use online registration.

If I don't have a Florida driver license, can I still register to vote?

Yes. Simply make use of the printable voter registration form available on our website. You can fill out, print, sign, and mail it to us. You can also register to vote at any driver license office or one of your local public libraries, which all have Saturday and evening hours.

If you have questions or need an application mailed to you, please call our office at (904) 823-2238. Mailed applications must be postmarked by Oct. 11, 2022, in order to qualify for the November General Election. Applications turned into the Elections Office, driver license offices, or public libraries must also be submitted by the deadline at close of business day.

If I have moved recently from another county in Florida, do I have to re-register to vote?

No. You will simply need to request an address change with our office.

How can I update my address?

Call the Elections Office at (904) 823-2238 or use the online form available on our website. You are required to provide your name, address, birthdate, and Florida driver license number or last four digits of your social security number to confirm your identity.

Will I receive a new voter card after I register or update my address?

Yes. A new card will be mailed to you that provides your voting districts and Election Day polling location.

Will I receive a sample ballot from the Elections Office?

Yes. Every voter who has not requested a vote-by-mail ballot will receive a sample ballot in the mail. They are scheduled to be mailed in early October; however, they are already available on our website. You can also use "My Voter Status" on the website to look up your voter record and your sample ballot.

Is the ballot long this year?

Yes. It's only one page, but there is a long list of candidates that includes federal, state, and local candidates as well as many judges. Additionally, there are three constitutional amendments on the ballot and a local sales tax referendum.

For more information about voting in the upcoming Nov. 8 General Election, please see our ad in this newspaper. You can also visit our website at www.votesjc.gov or call the Elections Office at (904) 823-2238 for assistance. I look forward to seeing you at the polls!



with St. Johns County Property Appraiser **Eddie Creamer**

Q: Can you share a schedule update from your office?

A: The TRIM period ended on Sept. 13 and now we move on to the next phase of the tax year. For individuals who have filed a petition with the Value Adjustment Board, their hearings will be scheduled over the next three months. Simultaneously, we will submit the tax roll to the county's tax collector for preparation of the tax bills, which will be mailed out the first week of November. Our office will then move forward to the 2023 tax

Q: What does that entail?

A: We will begin adding any newly constructed homes to the tax roll for next year. New homeowners can get an idea of the value of their newly constructed home by visiting our website, www.sjcpa.us. We start the valuation of existing homes in January.

Q: Is there anything homeowners can do now for the next tax year?

A: It's definitely time to start thinking about filing for exemptions homestead, senior, veterans etc. If you moved into your home in 2022 and qualify for an exemption, you can apply now and we will approve it and then pend it for 2023. This also gives us time to start the process of getting portability from other counties in Florida, if applicable.

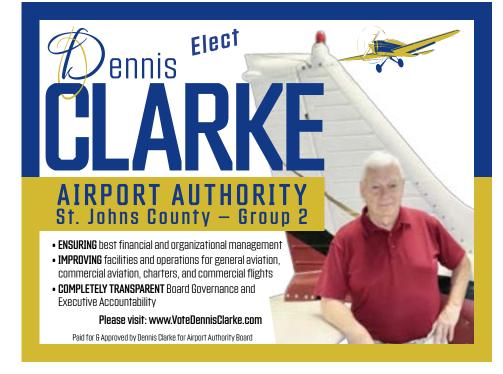
Q: Do you have anything else to

A: County property appraisers are bound by law to appraise property at just market value. We establish this based on sales from the previous year — and values increased pretty dramatically in 2022 for tax purposes. This is a reflection of 2021 sales. Sales for 2022, which will impact 2023 for tax purposes, show that values have already increased by 18 percent. I anticipate it being more than 30 percent again by the end of the year.

This illustrates the importance of filing for homestead exemption promptly if you qualify. If you moved into your home last year, be sure to apply next year and it will become the base year for your cap. (For homeowners that have homestead exemption on their property, as part of Save Our Homes, each year the assessed value of their home can only increase by the lower of 3 percent or the CPI cost of living index.)

Q: What is the best way for our readers to contact you?

A: Our office is located at 4030 Lewis Speedway Ste. 203, (904) 827-5500. It is open Monday - Friday, 8:30 a.m. – 5 p.m. Also, readers can email me at Eddie@sjcpa.us or call me at (904)





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GENERAL ELECTION NOVEMBER 8, 2022

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Due to the 2020 Census and Redistricting process, voting districts, precinct lines, and some Election Day polling locations have changed. Visit **VOTESJC.GOV** for more information.





We are here to serve you. Please visit our office, call or use our online forms and resources to help you prepare for Election Day.

REMEMBER, YOU HAVE **3 WAYS TO VOTE!**



VOTE-BY-MAIL

Visit www.votesjc.gov or call (904) 823-2238 by 5 PM on October 29 to request a vote-bymail ballot.



VOTE EARLY

You can vote in person prior to Election Day by visiting any early voting location from Wednesday, October 26 through Saturday, November 5. Early voting locations will be open from 8 AM to 6 PM daily. Locations are listed below.



ELECTION DAY

To vote on Election Day, you must go to your assigned polling place between the hours of 7 AM and 7 PM on November 8. Signature and photo ID are required to vote in person. For more information, visit www.votesjc.gov

DEADLINE APPROACHING

The last day to register to vote in the 2022 General Election is Tuesday, October 11. Mailed applications must be postmarked by October 11, 2022, to qualify for the November General Election. Applications turned into the Elections Office, Driver License offices, or public libraries must also be submitted by the deadline at close of business day.

MAKE SURE YOUR VOTE COUNTS!

Has your signature changed? If your signature on your voter record and signature on your vote-by-mail ballot certificate envelope do not match, your vote-by-mail ballot may not count. Update your signature using a Florida voter registration application.

Drop your vote-by-mail ballot in a Secure Ballot Intake Station at any early voting location during the hours of voting. Your voted mail ballot must be received by the Supervisor of Elections Office no later than 7 PM on Election Day. If your vote-by-mail ballot is returned late, it will not count.

ON OUR WEBSITE www.votesjc.gov

- Register to vote
- Check your voter status
- Change your address before you vote
- Verify your polling place
- Track the mailing and receipt of your vote-by-mail ballot
- View and print your sample ballot

EARLY VOTING LOCATIONS

★ Dates & Times: October 26 - November 5 • 8 AM - 6 PM Daily at all locations Includes two Saturdays and a Sunday

Ponte Vedra Branch Library

101 Library Blvd Ponte Vedra Beach

Ponte Vedra Concert Hall

1050 A1A North Ponte Vedra Beach

Julington Creek Annex

(St. Johns County Service Center) 725 Flora Branch Blvd St. Johns

SilverLeaf Amenity Center

218 Silver Forest Dr St. Augustine

Supervisor of Elections Office 4455 Avenue A, #101

St. Augustine

St. Augustine Beach City Hall

2200 A1A South St. Augustine

Southeast **Branch Library** 6670 US 1 South

St. Augustine

Hastings **Branch Library** 6195 S. Main St

Hastings

ELECTION DAY

- ★ Tuesday, November 8, 2022
- ★ Polls are open 7 AM 7 PM
- ★ When voting on Election Day, you MUST vote at the precinct of your legal residence

KNOW WHERE TO VOTE BEFORE YOU GO

To locate your polling place visit www.votesjc.gov or call the Elections Office at 904-823-2238.



travel - pantry raiders - gardening

fishing - entertainment - puzzles

Get to Know...

Marissa Burrier

By Tiffany Merlo Phelps mail@floridanewsline.com

Sailing is the one place that Marissa Burrier finds to be the most mind-clearing, the place where all focus must be on the task at hand. "It does not allow you the time to worry or think about anything else," said Burrier, St. Augustine Yacht Club sail director. That's why when Burrier isn't teaching others how to sail, she is on the water sailing with her Chiwawa "Gator" or with friends. Burrier, 34, has always had an

interest in sailing and sports in general for her entire life, thanks to her grandfather and two older brothers. She has been sailing competitively for the past six years and has sailed in Australia while living there for three years for a marketing job. Her goal now: sail across the Atlantic in a 44-foot Seawind to Australia in 2030 and compete in the Summer Olympics (Brisbane) in 2032. "I have dreamed of going to an Olympics. It is a pinnacle for me in the sports world," said Burrier, who plans to make the trip with her partner, John. Burrier attended Newberry College in South Carolina on a basketball scholarship where she also played volleyball. Later, after college, she enjoyed coaching volleyball at Saint Mary's College of California. "I loved coaching. It is in my DNA, I think," she said. Burrier also played

Get to Know . . .

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Photo courtesy Marissa Burrier

two seasons of women's football for the Jacksonville Dixie Blues. Meanwhile, Burrier was building her sailing career at the same time. It would be the sport where she would combine all her skills in what the St. Augustine native describes as an "equalizing sport." Male or female, it all comes down to skill level.

Q: Could you elaborate on why sailing is an equalizing sport?

A: I view sailing as an equalizing sport in that physical strength is not the dominant factor in performance assessment. Sailing and racing requires mental toughness, focus, and the ability to problem solve on a moment's notice. Much like golf, the physical side of the sport pales in comparison to all the other skills required to do

and perform well. This levels a playing field for the teenage group and younger age groups especially, allowing girls and young women to outrace or outsail the boys and young men quite often. Because of this, the sport of sailing has a competitive edge on all other sports if equalizing competition is a desire you have.

Q: Explain the goal of St. Augustine Yacht Club's Sail Camp.

A: My main goal is to teach kids how to sail, not just take them sailing. This is step by step, how do you rig the boat, how do you sail the boat, so they can do it on their own by the end of the week. The camps (for ages five – 17) are a feeder program into racing or a regatta. In many cases, it changes lives.

Q: What types of skills do kids learn from sailing?

A: They learn about teamwork and communication. Each individual sailor must be determined and must problem-solve constantly on a second-by-second basis. They also learn mathematical skills, overcome anxiety, and learn great perseverance skills. When you go out and do all that, you can watch their confidence grow and grow. They also have the personal responsibility of the equipment and gear.

Q: Talk about work opportunities for young sailors.

A: The coolest part about the program hands down is watching it come full circle for kids who love sailing. So, you come in at summer camp, and you just love sailing, then you start racing because you just love it and you get hooked, and then you turn 15 or 16, and you can get certified and get paid to do this. They go through a US Sailing Certification process as a sailing instructor and come work for me and teach younger kids to sail during the summer. I think that is my favorite part of the program.

Q: What is your personal approach to the sport of sailing?

A: I am big on the Corinthian Spirit. Sailing is very much a Corinthian sport. You are not being policed. There is not a little drone flying over you the whole time to make you sure you are not cheating or doing inappropriate things. You choose to do the right thing. If you accidentally foul somebody, you take the penalty turn. That's all on you, and it builds personal character.

[Author's note: For more information on all sailing programs, visit www.saycsc. org.]



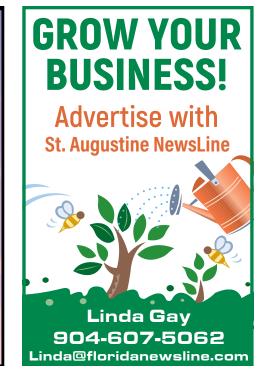
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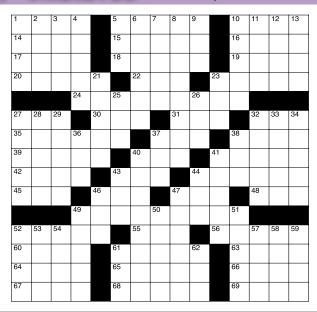
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Answers on page 3 Provided by MetroCreative



CLUES ACROSS

- Bay Area humorist
 Hurt
 Icelandic poems

- 10. Ice and to poens
 14. A taro corm
 15. Metaphorical use of a word
 16. It fears the hammer
 17. Excessively quaint (British)
 18. Laid-back California county
- 19. Cook in a microwave oven

- 20. Not late
 22. Go from one place to another
 23. Peoples living in the Congo
 24. Popular pasta
 27. Available engine power (abbr.)
 30. Popular musician Charles
 31. Angry
 32. Spelling is one type
 35. One who makes a living
 37. Indicates location
- 31. Angry 32. Spelling is one typ 35. One who makes a l 37. Indicates location

- 38. Imperial Chinese dynasty 39. Small water buffaloes 40. Hungarian city

- 41. Fabric
 42. Ancient kingdom near Dead Sea
 43. Precursor to the EU
 44. Philly footballers
 45. Female sibling
 46. "When Harry Met Sally" actress
 47. Magnetic tape of high quality
 48. Inserticide
- 48. Insecticide
- 49 Apparatus to record and transmit 52. Some is considered "dog" 55. Israeli city ___ Aviv 56. Fencing sword
- 60. Ottoman military title
- 61. Wise people 63. Cold wind
- 64. Popular type of shoe 65. Administrative district
- 66. A way to reveal 67. Cooked meat cut into small pieces
- 68. Actress Zellweger 69. Romanian city

CLUES DOWN

- Small town in Portugal
- 2. Site of famed Ethiopian battle
 3. German river
 4. Christmas carols
- 5. Cash machine
- 6. Rough and uneven
 7. Rumanian round dance
 8. Widespread occurrence of disease
 9. A place to relax
- 10. Feeling of listlessness11. Coat or smear a substance12. Wild mango

- 13. Brews
 21. Belgian city
 23. Confined condition (abbr.) 25. Swiss river
- 26. Small amount
- Part of buildings
 Vietnamese capital
 Sailboats
 Shelter
- Terminated

- 34. Discharge 36. Snag 37. Partner to cheese 38. A container for coffee

 - 40. Spend time dully 41. Satisfies
 - 43. Snakelike fish 44. Consume 46. Type of student 47. Erase

 - 49. Instruct

 - 50. Girl's given name
 51. Jewish spiritual leader
 52. "To his own"
 53. North-central Indian city

 - 54. Greek alphabet characters

 - 57. Weapon
 58. Amounts of time
 59. American Nobel physicist vital to MRIs
 - 61. Soviet Socialist Republic
 - 62. Witness

BAKING TREATS WORD SEARCH

٧ В F D Ρ G C C D Α Ε R ٧ Ε S V R Ε D В 0 Ε Ε Н Н W C Т S R U Κ В Ι Ρ Ρ Χ 0 V Ρ Т М C Χ 0 Ι G Α ٧ 0 U W 0 0 Н K S Α Т D Ρ В Ε F Т В S S Ι Α N Ν Κ Α Ρ W Α ٧ C Т Ε Ε Ν G Т 0 D F 0 L K G N Т В R 0 K ٧ Ε F W Ε R Ε Ε G Ε Т Α G Ε Ε Ρ Ε R L R W Ι C Ε S S М Н Ι 0 N N М В Н Ε В S Ι Т D Т Ν U S U R Ι Α W U ٧ Ι Т G G Ε K Ι Α Ε V ٧ Н Ε W 0 L S Τ Α Ε L В Α R X S D Т Т Κ М ٧ Ν Ν В М R Α Ρ N В S R Ρ Ε U C D S R G N Α C В U C Ι L Т 0 Ρ Ε 0 Ρ Ε Ρ Ρ Ρ Ρ Κ W Т K U Α Т R S Ι н М Ι F L L Ν S Т Т S R Ι Н Ε М Ι Χ Ε R N C U Т D Ε G C F В 0 Ι L R G S Ι F G М Χ S C R R F N C 0 0 K Ι Ε S N K Α W C Α K Ε Ν N S Н F W L Н Ι Ρ K G C Κ S Ρ ٧ 0 Т S Ε Т R Т

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BAKING BROWN **BUTTER** CAKE CONFECTION COOKIES DESSERT ICING **INGREDIENTS** LEAVENER MIXER OIL OVEN RISE SHEET SIFTED STIR **SUGAR SWEET** TASTE **TEMPERATURE** WHIP

○** 台墾 ※ ~ ● % A B C D E F G H i J K L M N O P Q R S T U V W X Y Z ***

Solve the code to discover words related to baking and decorating Each number corresponds to a letter.

21 16 6 A.

Clue: Confection

12 10 21 12 3 B. 22

Clue: Sugary cake topping

20 18 24 3

Clue: Separate flour

9 6 21 3 Clue: Make something

Briefs cont. from pg. 5

rience. He is a licensed foster parent for the State of Florida and a 2020 graduate of Leadership St. Johns.

LeMaire will replace former United Way-St. Johns County President/ CEO, Melissa Nelson, who assumed the role of President/CEO for United Way of Florida in June 2022. Lemaire will join the organization on Oct. 3, 2022. A transition team has been put in place as well to ensure a smooth transition.

Volunteers sought to help local taxpayers

AARP Foundation has kicked off volunteer recruitment for its Tax-Aide program, the nation's largest volunteerbased tax preparation service. Volunteers may sign up to assist taxpayers either in person or virtually, with a number of roles available.

In addition to tax preparers, whom the program will train, Tax-Aide needs people who can provide technical and communications assistance, interpreters, and program leaders. Volunteers come from a variety of industries and range from

retirees to university students. All levels and types of experience are welcome.

D.

Tax-Aide offers free in-person and online tax preparation and assistance nationwide to taxpayers with low to moderate income. Because of the complexity of the U.S. tax code, many taxpayers overpay their taxes or turn to paid tax services they cannot afford. Some may forgo filing their taxes and miss out on the credits and deductions they've earned because they are unable to pay for assistance. Tax-Aide volunteers can help by providing necessary services in

communities where there is the greatest need.

AARP Foundation Tax-Aide has grown since its inaugural team of just four volunteers in 1968 and has served over 68 million taxpayers since its inception. The program has volunteers in every state who typically number more than 30,000.

To learn about volunteer opportunities, visit aarpfoundation.org/taxaide or call 1-888-OUR AARP (1-888-687-2277). AARP Foundation Tax-Aide is offered in coordination with the IRS.

Donation cont. from pg. 1

This is the fourth year of donations to the school, which have now totaled

The North Shores Improvement Association and Vilano Beach Main Street have benefited from Florida School for the Deaf and the Blind Career and Technical Education school enterprises D&B Designs and D&B Garden Center. Additional contributions have been made for Florida School for the Deaf and the Blind students for designing and constructing the mosaic signs on the Nature Greenway Boardwalk under the Vilano Bridge, as well as the tiles reflecting community history that are currently in the process of being moved from a waterfall in the Vilano Beach Town Center to the entrance monument at the east end of the bridge. Students have also helped print event tee shirts in the past. The school's D&B Garden Center students provided and planted flowers in front of a Town

Center water feature and their Blind Department Outta Sight Band was an important feature at the grand opening of the Vilano Publix store in 2012.

The North Shores Improvement Association was founded in 1939 to improve the quality of life in the North Beaches. Visit NorthShoresFL.com, Vilano-BeachFL.com and NBCAVilano.org for more information.

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School Briefs



 $\label{local-photos} \mbox{Plotos courtesy RJ Murray Middle School} \mbox{SJCAA students stage multiple performances a year.}$

nity to perform at Walt Disney World, to see Broadway performances in New York City, work with professional artists and showcase their talents at many different events throughout the community. SJCCA offers this program to any middleschool student with an interest in the

SJCCA offers this program to any middle school student with an interest in the arts. From beginner to pre-professional, all students are welcomed and placed in appropriate levels that set them up for success. Students can enroll in chorus, dance, theatre, visual art or graphic design. SJCCA is extremely proud of its award-winning alumni and look forward to each new group of students that join the SJCCA family.

This year, students will have the opportu-

All fifth graders in St. Johns County are invited to attend SJCCA's "Performing Arts Day Camp" on Monday, Oct. 17. This is a non-school day and the perfect opportunity for fifth graders to engage with the arts and meet other arts-minded students in St. Johns County. The camp is free for any fifth grader. Families can register at https://tinyurl.com/sjccacampoct17

Hartley Elementary School

This year, Hartley has progressed forward with implementing Conscious Discipline, a school-wide, trauma-informed, evidence-based social emotional learning program for all ages. The school year began with creating and implementing our HAWK expectations for all students. The school is working as a family to display kindness every day and show amazing character.

The purpose of this plan is to hold students accountable for their behavior and continue to collaborate and work as a school with consistency to reduce behaviors and enhance each and every learning opportunity.

Expectations:

H- Hands, feet, and objects to yourself

A- Always listen and follow directions

W- Wait for permission to speak or leave your seat

K- Kind and respectful to all



Photos courtesy RJ Murray Middle School Students performed The Lion King at The Amp.

RJ Murray Middle School

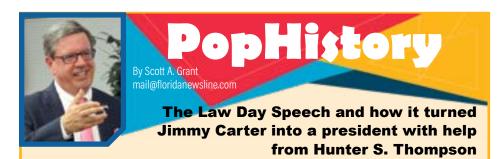
St. Johns County Center for the Arts (SJCCA) at RJ Murray Middle School is ready for a new, exciting year of performances, events and student success. For more than years, RJ Murray has been home to SJCCA, the only center for the arts middle school in St. Johns County. Current fifth grade students in St. Johns County may apply in January to attend SJCCA at RJ Murray Middle School.

This year is sure to be another year full of excellence in the performing and visual arts. The SJCCA team of teachers have been working collaboratively on performance calendars, curriculum and experiences that truly are once in a lifetime for middle school students.

Last year, SJCCA students performed "The Lion King" at The Amp, St. Augustine's largest entertainment venue, to more than 3,000 local students — that's a capacity more than most Broadway theaters.



Photo courtesy Hartley Elementary School



On Saturday, May 4, 1974, Jimmy Carter took the podium to address the distinguished alumni of the University of Georgia School of Law. Carter was governor of Georgia at the time. In addition to the alumni there were various guests and media and Ted Kennedy. Carter began his speech by joking about the fact that tickets to Kennedy's speech cost more than tickets to his own.

Carter then proceeded to rip apart a system of justice practiced in Georgia and other parts of the country that favored the rich and prominent at the expense of the poor and indigent. He talked about the system being designed to uphold the status quo. In front of these rich and powerful people, Carter decried his belief that the powerful and influential had "carved out for themselves ... a privileged position in society." Today, many might find those words ring truer than they did in 1974.

Jimmy Carter then told a room full of lawyers and judges that there were substantial inequities in the criminal justice system of Georgia. He told a story about a prisoner who cooked for him in the governor's mansion who had been sentenced to pay a fine of \$750 or serve seven years in prison. He talked about drug crimes and a recent bill that had decriminalized drunkenness in the state. He suggested that half of the people in the Georgia prison system did not belong there. That they were there because they were poor. "I don't know," he drawled, "it may be that poor people are the only ones who commit crimes. I don't think so. But they're the only ones that serve prison sentences."

He also talked about an earlier time when Blacks were denied the vote based on a 30-question test that was administered with a "smirk." Questions, he said, that no one in that room of distinguished law school alumni could answer. He added that no one would want to go back to those days. That statement must have hung heavy on the assembled. Certainly, there were some, if not

many, in the room who would be eager to return to that time. Carter had succeeded Lester Maddox as governor. Lester Maddox was the current lieutenant governor of the state. Maddox had risen to prominence for violently refusing to serve African Americans in his Atlanta restaurant.

Carter challenged the group with finding ways to improve a system that was substantively unfair, a system they had helped to perpetuate. He ended by reminding us all "that the course of human events, even the greatest historical events, are controlled by the combined wisdom and courage and commitment and discernment and unselfishness and compassion and love and idealism of the common ordinary people." The distinguished alumni sat there in stunned silence.

The speech might have been forgotten and dismissed as the ravings of a peanut farmer. Carter himself might have been relegated to the waste basket of history. Except for the fact that there was a reporter in the room from Rolling Stone magazine. His name was Hunter S. Thompson. Thompson, the inventor of Gonzo journalism, was following Kennedy and had no intention of listening to Carter or reporting what he had to say. But, when the governor quoted Bob Dylan, he put down his Wild Turkey and took out his tape recorder.

Hunter called the speech a "king hell bastard of a speech that rang every bell in the room" and described Carter as "ruthless." Thompson wrote an article endorsing Carter for Rolling Stone called "Jimmy Carter and the Great Leap of Faith." That article and the support of musicians like the Allman Brothers, from Jacksonville, galvanized disgruntled voters and propelled Jimmy Carter into the White House 18 months later.

Scott A. Grant is a local author and pop historian. He welcomes your comments at scottg@standfastic. com.

Nutrition Check

Allergy Friendly Spooky Treats for Halloween

By Kristen Hicks-Roof PhD, RD and Rayonna Hills BS

Halloween is a day full of surprises, laughter, and treats, no matter if you are at home, at the office or at school. This is a holiday celebrated by many across the United States, a day that allows for children (and adults) to be whomever they desire for one special day. Trick or treating can be traced back to the early 20th century. In fact, Walt Disney first introduced an animated short film in 1952 starring Donald Duck that was based on Halloween fun.

While the concept of Halloween is all about tricks, treats, and disguises, that doesn't mean the same concept should go for treats and sweets consumed. Research indicates that 1 in 13 children have food allergies, which is estimated to be around 5.6 million children in the United States. (Centers for Disease Control and Prevention) In addition, there have been recent claims of unsafe treats, leading to many parents inspecting the foods their children receive.

As the holiday approaches around the corner, it is the perfect time to start to think about what Halloween goodies you want to hand out in your cauldron, at your children's school, or at the workplace. The best way to ensure you are providing the safest options for the trick-or-treaters

and office peers is to be sure that candy or treats do not contain any of the seven major allergens:

- Peanut butter
- Seeds
- \bullet Milk
- Eggs
- Wheat
- Soy

Instead, think about offering treats and goodies that are allergen-friendly for all to enjoy, some suggestions may include:

- Clementines or juice boxes
- Glow bracelets and/or necklaces
- Stamps and stickers
- Bouncy balls or temporary tattoos
- Allergy friendly candies (e.g., Swedish fish, starburst, dots, skittles)
- Fruit snacks

Regardless if your child or coworkers have known food allergies or not, it is still best to check and/or label all the goodies prior to consumption to ensure food safety.

Kristen Hicks-Roof PhD, RDN, LDN, CLC, FAND is an assistant professor in the Department of Nutrition and Dietetics, Brooks College of Health, University of North Florida.

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Travel

Visits to Literary Landmarks

By Debi Lander mail@floridanewsline.com



Photos courtesy Debi Lander Key West: Hemingway Office.

Avid readers often become curious about their favorite authors and may enjoy a visit to the author's home or sites from a novel. Here are a few worth considering.

Ernest Hemingway Home and Museum in Key West

Legendary writer Ernest Hemingway lived an adventurous life in Florida and Cuba during 1931 – 1939. Visit his restored Spanish Colonial-style house in Key West, including his writing studio and swimming pool — the first in-ground pool in the Keys. Guided tours inform visitors about Hemingway's writing and lifestyle, his six-toed cats, and the pet cemetery. Add a visit to Sloppy Joe's Bar in downtown Key West, a favorite of Hemingway and as colorful as the author.

Savannah: Flannery O'Connor's Childhood Home and Midnight in the Garden of Good and Evil

Flannery O' Connor grew up in her family home near St. John the Baptist Cathedral in historic Savannah. Each room of her former house has been restored to the Depression era, presenting insights into the childhood of one of America's greatest short story writers. She later moved to Andalusia, a family farm near Eatonton, Georgia, when diagnosed with Lupus. You can tour this farmhouse, where she lived until she died in 1964.

In Savannah, fans of John Berendt's bestseller "Midnight in the Garden of Good and Evil" relish seeing the sites from the non-fiction story of a mysterious murder and trial. The sultry city becomes as much a character in his tale as the other memorable personalities. Don't miss touring the Mercer Williams House, filled with notable antiques, and walking among the Spanish moss-laden live oaks and funeral statuary in Bonaventure Cemetery.

Carl Sandburg's Home: Connemara Farms in Flat Rock, NC

Carl Sandburg, known as the "Poet of the People," lived from 1878 – 1967. Sandberg authored a variety of books, including a biography of Lincoln, children's books, and poetry. He won three Pulitzer Prizes. His country house sits on 270 acres in western North Carolina, now a National Historic Site. You must hike to the hilltop house, but it's a fascinating place that feels like he and his wife lived there yesterday. His office overflows with paperwork, books, artwork, and personal artifacts. The upstairs bedrooms and displayed clothing take you back to the 1950s. Sandburg's wife raised prize-winning goats, and visitors, especially children, adore seeing the descendants of her dairy goat herd near the barn.

William Faulkner's Home: Rowan Oak in Mississippi

William Faulkner, a proliferate author, and Nobel Prize winner, hailed from Oxford, Mississippi. His beloved home, Rowan Oak, offers visitors a peek into his private life. The large columned Greek Revival house rests at the end of a tree-lined path. One wall in his office includes a penciled outline of a novel, like a storyboard, and his typewriter. You can follow Oxford's Faulkner Trail to visit other sites in the city dubbed "the Cultural Mecca of the South."

Zora Neale Hurston's Home in Florida

Fort Pierce, Florida, near Port St. Lucie on the eastern coast, showcases the two-bedroom house of Zora Neale Hurston, playwright, and anthropologist best known for her novel "Their Eyes Were Watching God." Follow the Dust Tracks Heritage Trail to learn more about this African American storyteller and her achievements.

Other literary landmarks in the South include the Marjorie K. Rawlings homestead nestled amongst citrus groves in Cross Creek State Park, Florida. The Thomas Wolfe Home and Visitor Center is in Asheville, NC, and Margaret Mitchell's house, author of "Gone with the Wind," is in Atlanta. My list could go on, but I'd love to hear of readers' visits to literary attractions.

Visit www.bylandersea.com to read more of local travel writer Debi Lander's stories and travel tips.